

¶ : A boke of
the propertys
of herbes the
whiche is
called an
Herbal.



METRIC 11 10 9 8 7 6 5 4 3 2 1

C De virtutibus herbarum
et primo de littera. A.

C Agnus castus.



His herbe Agnus castus / that men do call **C**utesayne / & other wylle Parke leues / this hath leues somdele rede lyke unto þ leues of **D**rage / and thys herbe hath leuves on his leues as hath **P**lantayn, and it hath yelowe flowres & bereth black berys and it groweth in dy wodes, þ vertue of thys herbe is, it wyl kepe men & wemen chast for as **D**iscoldyon & **P**laccens do saye, thys herbe is called Agnus castus for þ knowledge and þ use of this herbe maketh men chast. Also this herbe wyl open the poore of man and let out wycked humours and spyrtes of his body, this herbe destroyeth

destroyeth the moystre of manes sede. Also the same **D**uctour sayth þ þt this be sodē with **F**enel in **A**zell it is good to destroy þ drosply. Also if thys herbe be sodē with **S**malage and **S**age in salt water, and after warde the hynder parte of a mannes hed be well wasshed therwith it heleth it and **V**nbyndeth an euyl that is called **B**ytarge. Also thys herbe destroyeth the fowle luste of **L**echery and it be dronken / or þt it be boþne about hym, therfore some tyme they do ete it rosted / bycause it shal kepe them chaste / for þt this herbe be eten rawe / it wyl engedder hedache. Thys herbe is good to desyre the hardnes and stopping of the **M**ylte. Also a playster of thys herbe is good to do awaie ache of a mannes heed that is engendred of wycked humours / Thys herbe is hote and drye in the ij. degré.

Captum.

D.ii. **C**his

This herbe Apium is a herbe that
men do cal Smalage or stāmarche
the vertue of this herbe is this. It
wyll make a man to pysse / & oppyn
the stopynge of the lyuer/ also the
sede of the herbe hardeneth a man
nes wombe and it d̄rawethe wy-
cked humours of a mannes bodye
Unto the hed & to the stomake and
the wombe/ and therfore it noyeth
them that haue the fallinge euyl &
to woenen that be with chylde/ for
whan it d̄rawethe suche humours
to the wombe and engendereth that
be the cause of Pestilence and ther-
fore it is comanded of leches that
woenens that be with chylde/ & they
that kepe sucking chyldren shulde
natete noȝ drinke of this herbe for
d̄rede of falling euyl for it is hote
and drye/ & there be spyces therof/
Joyce is good for colde playsters
tempered with flower and for scal-
dryng th̄ herbe is hote iȝ. i. degré.

Auetum

Auetum.
CThys herbe Auetum that men
do call Auet or otherwyse Dyl/ this
herbe hath leues lyke to fenel bus
the sede is sondel brode as Dyl
sede is/ the vertue of this herbe is
thus. It wyl make a man pysse/ al-
so it swageth rumblynge in a man
nes wombe/ and wycked wyndes
in the wombe / also 'it destroyeth þ
veringe/ the sede of this herbe b̄et
and layde vpon a woude it heleth
sone and namely if a man be scalded
in hys membris or on hys yerde/
stroue the powder theron & it shal
hele/or what maner of euyl that ry-
seth in a mannes yerde it shall be
hole in the same maner/ a playster
made with the same powder & che-
pes talowe & blacke sope/ is good
for þemarauie this herbe is hote
and drye in the ii. degré.

Apumetulus

CThis herbe Apumetulus is cal-
led

Ied Cerfop or Chertisile, the vertue
of this herbe is and it be dronken
with wyne it shall make a man to
pyse wel, and it delyuereth a man
of ache in the raynes & in the bled-
der and it be dronken with wyne it
letteh out and vnbyndeth the wic-
ked wyndes and vistoppeth the
wombe and the lyuer of all maner
wodnes. Thys herbe withholdeth
castynge. Also a plaister made with
this herbe tempered with Aysel de
stropeth wylde syze and heleth the
Canker and al other woundes thys
herbe is one of þ Smalaches And
it is hote and drye.

Absynthium.

C This herbe is called Womine-
woode. The vertue of thys herbe is
It is good to confortte the herbe &
clense the stomake. Galyen sayeth
that thys herbe hath ii. vertues one
is laxatyue, and the other is consti-
pative Therfore Galyen sayeth
that

that yf thys herbe be gauen to an
euyl, of the whiche the mater is not
fully defyed, it shall harde the Ro-
make, and let the degestion. And if
the mattet be ryped/it shall make
a man laxatyue, & esely put awaie
the mater. If this herbe be dronke
with Sopyconarde, it swageth the
stomake and of the wombe that is
engendred of wycked wynes. Also
if this herbe be ryped with hony/
it wyl ease the swellynge in a man-
nes mouthe. Also it doeth awaie
the blacke myste in a mannes eyes
and clereth the syght, and yf thys
herbe be pownded with the gal of a
Bull/and afterwardre putte into a
mannes eyes, it putteth awaie all
maner impedymetes of the syght.

Arthamesta.

C Thys herbe is called Mug-
woste, the vertue of thys herbe is
thus If a man bere thys herbe about
hym he shall not be wery of traues
3.iiiij. lyng

lynge in his way / Also yf this herbe be pownd wþt salowe / it heleth the soernes of manes fete / and akyng also. And yf it be wþt in a howse / there shall no wycked spyste abyde. Also yf thys herbe be stamped and tempered wþt tunynge water it heleth the akynges of a mannes guttes & many other euyllies . thys herbe is hote & drye in the ii. degree.

Affodillus,

Thys herbe is called Affodill / The vertu of the herbe is that the leues ben good to hele the dryng / and the leues of þ flowres be good to be dronken to hele venim of wicked bestes / also the iure of this herbe and Myre and Saffron tempered to gyder in whyte wyne & a lytell boyled ouer the fyre / & cleasid thorough a clothe / is good to hele ryunning eyes / also the rote of this herbe bþt to pouder / is good

to hele soze eres and to restore thþ agayne / also take an hard clothe þ is coughe and weare it in the ioyce of the herbe and rubbe that Morphew therwith syringe agaynste the sonne and it shal do awaie the Morphewe this herbe is hote and drye in the ii. degree.

Aristolochia longa.

Thys herbe men do call it Red mader / the vertue of thys herbe is thus . It wþll unbynde the stoppyng of the lyuer & let passe wycked wyndes that be stopped wþt in a mannes body / also if it be dronken wþt wyne it cleasid and purgeth al men of al maner of venym that is in a mannes body. Also it cleasid and purgeth all maner of dyseases that be roted within and wþt hout in the baynes and in the lethe that bene rotted. This herbe is hote and drye / and it muste be gathered in herueste / there be ii. spycs

Spyces therof. 20:2:2:2:2

Aristologia rotunda

Chis herbe Aristologia rotunda men do cal it Galtingale meke/ the vertue of this herbe is thus as ypoctas dothe lape / If the sayde herbe be drunken with hote wa-
ter/then it is medicinable and cu-
table for those me that be stopped
in the breste, and for the swellyinge
eupill and for the Podagar / and
for the Crampe, thys herbe is hote
and drye, and it must be gathered
in heruest and it is a spyce of the
reed Mader. 2:2:2:2:2

Abrotanum.

CThys herbe abrotanum me cal
it Wotherne wode. The vertue of
this herbe is thus, if they breake
the sede and drynke it wyrth wa-
ter, it heleth me that haue ben by-
ten with any venimus beaste also
this herbe destroyeth wormes in a
mannes wobe also powder of this
herbe

herbe medled with barly mele un-
byndeth and breketh harde postu-
mes, also this herbe brent and the
ash es medeled with oyle, it resto-
reth there as man lacke here/ thys
herbe is hote and drye.

Anieos.

Chis herbe Anieos hath leues
lyke unto Eldren, but they be lesse
and the sede is lyke persly sede, the
vertue of this herbe is thus if it be
tempored with hony it sleeth wormes
that be in a mannes body, and
it unbyndeth the greate stopping
of wyndes, and it breketh the stone
and it chafeth a mannes stomake
that is colde it chafeth the lyuer &
the raynes, and it heleth woundes
and the byttinge of venemous be-
astes this herbe is hote and drye.

Alleluya.

CThys herbe Alleluya men call
it wodsoze or stubwoze, this herbe
hathe thre leues of the whiche two
be rounde

be rounde a lytel departed aboue/
and it hathe a wyppe flower , but it
hathe no longe stalkes / & it is wyn
soze, and it is lyke .iiij. leued grasse
the vertue of this herbe is thus If
it be casted in the asches in Reed
docke leues or in reed wort leues
it creceth awape dede fleshe of a
wounde , thys herbe groweth mo-
che in woodes.

Asteron.

AThys herbe Asteron groweth
amonge stones and in hyghe pla-
ces / thys herbe sheweth by nyght/
thys herbe hathe yelowe floweres
hole and rounde as a kockebell or
els lyke to foregloues , the leues
of thys herbe be rounde and blywe
& they haue che marke of the mone
in the myddes , as it were .iiij. leued
grasse but the leues therof be moze
and they be rounde as a peny , and
the stalke of this herbe is reed and
thys herbe semeth as it were muske
and

and the toppe therof is yelowe and
thys herbe groweth in the newe
moue without leue , and every day
spryngeth a newe lefe to the ende
of .xv. dayes / and after .xv. dayes
it loseth euery daye a lefe as þ moe
wanethe, and it spryngeth and wa-
neth as doth the mone , and where
þ it groweth ther groweth greate
quacyte. The vertue of thys herbe
is thus , they that eate of the berys
or of the herbe in wanyng of the
mone , whan he is in sygno virgi-
nis , yf he haue the fallynge euyl he
shalbe hole therof , or yf he bere thys
herbe aboute hys necke he shalbe
holpen withoute doubt , & it hathe
many other good vertues.

Agrimonia.

AThis herbe Agrimonia me cal
it Egrimonye. The vertue of this
herbe is thus , & it be eten the herbe
and the rotte grene it healeth the
akyng of the wombe. Also if the
herb

herbe be dyed and pounded to powder, & dyonke with water is good for the same euyll / also the sayde herbe repered wyth Aysell is good to hele a wounde that is hurt with yron, also this herbe vsed in metes is good to hele the akyng of sores in the mylte and it is good for Treytes.

Avancia.

This auancia is called Auace, the vertue of thys herbe is thus if it by dyed and powder made ther of wyth whyte wyne warmed or eis luke warme water & gyue it to that hathe the feuers / and it shall helpe hym much and ease hym, also it heleth woundes & Cankers if it be dronken .

Altea.

Thys herbe is called holyhocke or the wylde Malowe, the vertue of thys herbe is thus, take and Rampe it & frye it with Shepes tallowes

lowe and make a playster and lay it to a podagar mā & it shall helpe hym wythin thre dayes By experement al Doctours do say and al sygne that thys herbe soden wyth Vynegar and Lynsede and a playster made therof & layd to the syde of any person, it departeth and helpeþ wycked gacherynges that be engendred in a mannes body this herbe growethe in gardens and moyste places .

Amarisca.

This herbe is called Dogge nell, or Maythis, this herbe is moche lyke to Camamyle for it hathe a whyte flower as Camamyle, but it stinketh, the vertue of this herbe is good to dynke the ioyce therof for to hele the Canker and the pyopes of the Cinerawdes / and there be ij. spyces therof / the one hath a whyte flower, & the other hath a yelow flower, & it groweth in corne

Agircula

¶ Auricula muris.

¶ This herbe is called Mousete
The vertue of this herbe is, if it be
dryncken it helpeth the Mynsy/
also the ioyce is good to hele al ma-
ner woundes.

¶ Apium Emosiodarum.

¶ This herbe is called Cro wfone
this herbe hath leuys deparced as
it were Rāmes sete, ths herbe hath
a longe stalke in the myddes / and
groweth in watery places, & hath
yelowe flowers.

¶ Apium ranarum.

¶ Thys herbe Apium ranarum
that men call water crowfote, this
herbe hath yelowe flouers as hath
crowfote and of the same shappe,
but the leues are moze deparced, &
it hath a longe stalke, and out of
that one stalke groweth many stal-
kes small by the sydes, thys herbe
groweth in watery places.

¶ Acciplex domestica.

Thys

¶ This herbe Acciplex domestica
men call it Drage or Medollus.

¶ Anabulla.

¶ This herbe Anabulla men call
it Spurge.

¶ Acus demonus

¶ This herbe Acus demonus is
a herbe that men cal Poukenel.

¶ Argentilla.

¶ This herbe Argentilla that men
call Argentil this herbe hath lyttel
leues somdele rounde / and within
they be ragged as it were þ leues
of Eufrasie / and it groweth moche
amonge whete .and therbe.ij. spy-
ces therof, the moze and the lesse.

¶ Acus mustela.

¶ Ths herbe Acus mustela is cal-
led Groundswely / It is good for
playsters.

¶ Allium.

¶ Thys herbe Allium is called
Garleke / the vertue of thys herbe
is ths. It wyl bnynde all wycked
B.i. wnydes

¶ Auricula muris.

¶ This herbe is called Mousete
The vertue of this herbe is, if it be
dryncken it helpeth the Quynly/
also the ioyce is good to hele al ma-
ner woundes.

¶ Apium Emozidarum.

¶ This herbe is called Crowfote
this herbe hath leuys deparated as
it were Rāmes fete, thys herbe hath
a longe stalke in the myddes / and
groweth in watery places, & hath
yelowe floweres.

¶ Apium ranarum.

¶ Thys herbe Apium ranarum
that men call water crowfote, this
herbe hath yelowe floweres as hath
crowfote and of the same shappe,
but the leues are moze deparated, &
it hath a longe stalke, and out of
that one stalke groweth many stal-
kes small by the sydes, thys herbe
groweth in watery places.

¶ Atriplex domestica.

Thys

¶ This herbe Atriplex domestica
men call it Drage or Medollus.

¶ Anabulla.

¶ This herbe Anabulla men call
it Spurge.

¶ Acus demonus

¶ This herbe Acus demonus is
a herbe that men cal Poukenel.

¶ Argentilla.

¶ This herbe Argentilla that men
call Argentil this herbe hath lyttel
leues somdele rounde / and within
they be ragged as it were þ leues
of Eufrasie / and it groweth moche
amonge whete .and therbe.ij. spy-
ces therof, the moze and the lesse.

¶ Acus mustela.

¶ Thys herbe Acus mustela is cal-
led Groundswely / It is good for
playsters.

¶ Allium.

¶ Thys herbe Allium is called
Garleke / the vertue of thys herbe
is thys. It wyl vnbynde all wycked
B. i. wyndes

wyndes within a mannes bodye.
Also it helpeth a man to make wa-
ter/but it noyeth a mannes eyes /
bycause of the great byndyng and
dynkyng he þ hathe voluptuo-
sly it dynketh and destroyeth the
lyght and it destroyeth and heleth
venym within a man. Also it heleth
all colde sores as it were triacle.
Also it heleth the scabbes/and mo-
phewes or bladders in what ma-
ner place they be in a mannes body,
so that it be well stoted therwith
this herbe is hote and drye.

Anisum.

This herbe is called Anise/the
vertue of this herbe is this, it un-
bindeth the stoppyng of the lyuet
and of wicked wyndes & of greate
humours and uncloseth the mylte
Also it hereth a man to make wa-
ter and to swete also thys herbe ma-
keteth a mannes wombe laxatiue þe
it be to hacde and the lede must be
patched

patched or rosted in al maner me-
Decynes/than it wyl woþke the ca-
chet / thys herbe is hote and drye.

Hic incipit littera. **B.** **E**t
primo de Bethonia.

Bethyn men do call thys
herbe/the vertu of thys
herbe is thys / þt it be
stamped and thalayde
to a wounde in þ heed
that is smyten with a stroke it shal
hele the wounde sayre, and drawe
out the broke bones if they be any
as leches do say, also þt a mannes
eyes doake / take the water or the
soppe therof, & it shal amende them
greatly. Take Betyn and stamp
hym and temper hym wþt water
or wþt wyne warmed and dynke
it x. dayes and it shal destroye any
webbe in the eyes of any persone.
Also þt your eyes be waterye eate
every daye a lyttel Betayn, and it

B.i. **S**hall

shall do þ muche good, also if you
haue akyng eres / take the ioyce
therof a temper it with rose water
and warme it a lytel and d̄roppe it
in thy eres and stoppe them wþth
wolle / and thou shalbe hole / Also
if thou do blede moche at the nose /
take and stamp Betyne wþth salte
and stoppe thy nose ther wþth and
it wyl staunche. Also if thou haue
loze tethe / wþth Wyneger or wþth
Aysel lee it sethe wcl cyl it be more
than halfe wasted, than as hote as
thou maist suffer it suppe therof /
holde it i thy mouthe cyl it be colde
than spytte it out and do thys ofte
and thou shalbe hole. Also for the
cough take the ioyce or powder of
Betyne and medyl it wþth hony /
make therof a lectuari / and vse it
ix. dayes and thou shalbe hole.
Also þf a man may not holde hys
mete within him take the same me-
decyne and gyue hym iiiij. sponefull
therof

herof wþth a sponefull of water.
Also if a mannes yarde be swollen
or that it be soze take Betayne and
stamp it wþth whyte wyne tempe-
red and it shalbe hole. Also if a man
be þodagar take Betayne a sethe
it well in water and gyue to hym
to drynke and wþs he hys sete ther
wþth and lay the herbe aboute hys
sete on a clothe, and it wyl amende
hym moche. Also take and eate Be-
tayne or powder therof, a you shal
nat bedronken that daye, all these
medicines haue be proued of thys
herbe. It is hote and drye.

¶ Balsaminta.

¶ Thys herb Balsaminta is cal-
led horse mynte or water mynte or
broke mynte, and also thys herbe
doth growe in watery places, the
vertu of this herbe is, to colorth a
manes stomake and maketh a man
well to defye his mete. Also þ ioyce
and claryfyed Hony, & Reed wyne
boyled

boyled to gyther / & it shal do awaþ
the colde fro a manes stomake and
wycked wyndes within hym, also
the ioyce or els the powder of the
herbe drouken with Reed wyne
hote it maketh wome that be with
chylde sone and esely to be delþue-
ced of theyr chylde. This herbe is
hote and drye.

Eleta.

Eta herbe Eleta is called Be-
cces / and ther be. iij. spyces therof
as Diascorides sayeth / the one is
whyte the other is blacke, the ver-
tu of thys herbe is thys if yþ ioyce ther
of be put in yþ nosestrylls of a man
it clenseth a mannes hede. Also it
swageth the akyng of the eyes of
euery persone, it clenseth the hede
from nyttis and from other ver-
eym. Also it repayret and amen-
dethe a mannes here of hys hede /
also thys herbe destroyeth botches &
biles, also Diascorides sayeth, if a man

man bþe ouernoche of thys herbe
that it noþisheth wycked humours
in a man so; it is hote.

Bozago.

Bozage is a comon herbe, the
vertue of it is thus. It wþll clese
the red colour of a man. Also this
herbe is good to destroye the Car-
dyacle / and the postumes that be
gathered of the blacke colour Also
the water drouken with wyne ma-
kethe a man glade and merci, thys
herbe is hote and moyste.

Bugla.

Bugla herbe is called
Brownowte, thys herbe hath le-
uys lyke a brownne colour wþth a
blewe flower and sumwhat bo-
stous / the vertue of thys herbe is
thus. It wþll hele woundes in a
mannes hed, and yf thys herbe be
dronken it helpeþ & strengþeth þ
bones þ be booke in a mannes hed
this herbe bþeketh and destroyeth

B, iiiij. the

the rewme and the akyng of the
bed, thys herbe groweth in wodes
moche and it is hote and dry.

¶ Burneta.

¶ Thys herbe Burneta is called
Burnet, thys herbe hath blome flow-
ers as hathe Mayhewe and small
ragged leues lyke Transy leues, þ
vertu of thys herbe is thus. It wil
destroye the greate humours and
laxacie within a man. Also it ope-
neth the stoppenge wythin a man
neslyuer, & maketh a man to pis-
selle well. Also it maketh one to auoyde
the yelow euill. Also a poicyon of
this herbe medeled with hony and
wyte wyne helpeth & vnbyndeth
soze stytches of the rebbes & in the
tetes/there be ij. spyces therof, the
one groweth on hilles and þ other
in medowes.

¶ Bursa pastoris.

¶ Thys herbe Bursa pastoris/ is
called Shepardes purs/ thys herbe
hath

hathe a smal stalke and ful of bran-
ches and ragged leues & a wyte
flower, the coddes therof be lyke a
purse / the vertue of thys herbe is
thus / dronke it with reed wyne or
wyth mylke and it wyll staunche
the blody inenson / it is hote and
drye.

¶ Borago silvestris.

¶ Thys herbe Borago silvestris
is lyke to comon Borage / but the
leues be somewhat samller & it grow-
eth in feldes and in wayes.

¶ Billire.

¶ Thys is called Biller. The ver-
tue therof is good to ryde botches
and it is hote and drye.

¶ Camamilla.

¶ This herbe is called Camamyl
þ vertue of this herbe is thus þt it
be dronke wyth wyne it wyll breke
the stone , and it dystroyeth the ye-
lowe euyll/ It helpeth the akyng
and the desease of the lynt, yf it be

Arayned it helpeth & swaged the
sores in a mannes mouthe / it is
good for the akyng in a mannes
hed & for the megrayn / this herbe
is hote and drye.

¶ Calamintum.

¶ This herbe is called Calamint
the vertue of this herbe is thus / it
destroyeth a mannes talent, as ppo
cras saatch, there be. iiij. species ther
of, one that is stony / another that
is of the erth, and the. iiij. of the wa
ter and all they be hote and drye, if
that is watery maketh a man moynt
it that is stony maketh a man hole
yf he dynke it, yf he haue dronke
any venomous dynke / this herbe
made in a playster & lay it to a ve
nemous wounde it draweth out
venym sone. Also whoso dynketh
this herbe. iiij. dayes, it shall helpe
hem of the yelowe eyell. The o
ther is erthy it is helppynge for le
perv, the ioyce of thys herbe and
it be

it be putte into the eres of a man it
wyll see wormes in a mannes hed
and conforteth the stomake and
helpeth to defy it, and it withdraw
eth castynge.

¶ Crassula major.

¶ This herbe is moche like vnto
Dypyn, the vertue of this herbe is
thus, yf it be layde to a wounde by
it selfe it shall hcle it without any
otherherbe.

¶ Crassula minor.

¶ Thys herbe is called Stonehoge
or Stonecropp / The leues of thys
herbe be somewhat lyke vnto Dypyn
and it growethe on houses and
walles / the vertue of thys herbe
is thus / it wyll make a man to
caste.

¶ Cituca.

¶ Thys herbe is called Hemlocke
or herbe benet, the vertue of thys
herbe is thus, the ioyce of this her
be kepereth maidens tetes smal, also
thys

this herbe ofte dyonke kepeth and
destoyeth the greate appetetyre of
lechery. Also the toyce tempered
with Swynes grece, dystroyethe
the hote Podagre, and swage the
the greate swellynge, for it is colde
and drye.

Centaurea major.

Thys is named the moxe Cento-
tory or erthe gall, his flowers be
elowe in the cropp, his vertu is
yf it be sodden in good wyne, it wil
hele the sekenes in the lyuer, it dya-
weth out wycked humours in the
mylt, thys hath ben proued, and it
be sodden in water it is good to hele
a wounde, yf there be a canker & it
be anointed therwith it wyl make
it hole, thys herbe is hote and dry.

Centauria minor.

Thys herbe is the lesse Cento-
tory, it hath .iiii. branches comynge
out of a rounde moxe wych a reed

holder

flower. Hys vertu is this the pow-
der of toyce therof is good for by-
tynge of an adder or any venemous
beeste yf it be dyonken with wyne,
and the toyce is good to anoynte
sores therwith yf ye haue any ve-
nym within you, powne it small
and teper it with Aysell and dryke
it and you shal caste out all the ve-
nym within you.

Cara.

This herbe is called Caraway
thys herbe hath leues sum what
lyke to Fenell wych a longe stalke
and a rounde sede more than petly
sede. The vertue of this herbe is to
destroye wycked wyudes and the
cough and it is good for the fren-
sy, and for bytynge of venomous
bestes. Also thys herbe medled, is
good for scabbes, and Teters.
Also it restorethe heire there as it
is fallen away this herbe groweth
in moyste places,

Celodis

Celadonta.

Chīs herbe is called Celadonta
or Tetterwojt his vertu is as po-
lūinus sayeth if the byrdes of the
swalowe be blynde, the dāme of
the byrdes lecheth of this herbe a
heleth theyz eyes therwyth/it is
good for þ cakē i a manes mouth
it is good for þ toothache & to cle-
se a manes heed, this herbe is hote
and drye. **Culamē.**

Chīs is called Hertnote, Dil-
note, Skycce or holywote: he hath
leues lyke fenell wiche whyte flo-
wers & a small stalke it groweth
in wodes and medowes, his ver-
tuue is to eate awaie deed fleshe
thys herbe put to a soze that lacketh
here, it wyll restoze the here and
hele the place.

Colewojtes.

Chīs herbe is good to clese fress
the wōndes the canker, to noys the
synowes, & to hele soze eyes that
be

be almost sightles, it encreaseth a
womās mylke the ioyce tempered
with Blume and Isell, it swagereth
the Leper and it is good to kepe a
mā stō dyonkenes it is hote & drye.

Coliandjuni.

Chīs herbe is called Colyan-
drium the vertue of chīs herbe is
chīs yf the ioyce therof be dyonke
with hony it wyll clewe wormes in a
mannes body, and hardeth a man-
nes worme / the sede is good to
do awaie the feuers þ come. iis.
daye this herbe is hote and drye.

Capillus venetis.

Chīs herbe is called Mayde here
or wāterwojte. This herbe hath le-
ues lyke vnto fern, but þ leues be
smaller/it groweth on walles &
stones & in þ muddes of þ lefe is as
it were blacke here, þ vertue of thys
herbe is ths, it wyll bizeke þ stone &
it be dyonke with wine, it destroyeth
venym and it is colde and drye.

Crocus

Crocus.

Thys herbe is called Saffron/ the vertue of thys herbe is thus, it wyl destroy al maner of abhony- nacyons of mannes stomake, and wyl make a man to slepe it is good for many medecynes, and namely for cokes to colour their mete ther wyth, it groweth in gardens, and it is hote and drye.

Centomidium.

Thys herbe is called Sparowetonge, the vertu of thys herbe is to breke the stome / and it is hote and drye.

Caprifolium.

This herbe is called wodbynde and it hathe a whyte flower, þ vertue of thys herbe is good to hele Cankered woundes/ bladders, and akenge tethe and sores in the toos of a man. Also it is good for the swellynge in a manes body that is venimed, this herbe is hote & drye.

Canabaria

Canabaria.

Thys herbe is called wylde hepe or holy roppe, it is lyke unto hepe his vertue is yf a man haue the feuer frece wel his pounce therwith and he shalbe hole, and it groweth in watery places. 22:2

Costus.

Thys is named Coste or lesse Detvū, his vertue is to hele the syckenes of the breste & of the longes and it wyl breke the postume. Also it draweth out euyl humours of a manes hed, and it is good for a mannes stomake 20:15

Cepe.

Is named an Onyon, his vertue is to cōforste a manes stomake it purgeth sumwhat the frawme it nessheth sumwhat the wombe. Also and it be stamped and tempered with hony and Ascyll / it is good for the bytyng of a heude. Also the joyce tepered with woinans mylke

is good to hele the akyngē of ereg.
Also the toyce tempered with any
lycoute is good to drynke for any
mā that hath loste his speche. Also
the toyce put iu þ noseþylls b̄-
keth out the wycked rewme and þ
stoppyngē in a mannes hed.

¶ Columbura.

¶ Thys is named Columbyne,
his vertue is good for hym þ hath
the quynsy. Thys herbe muste be
gathered in Auguste.

¶ Cominum.

¶ Thys is called Comyn / the le-
ues therof be muche lyke unto Co-
lyāze it hath manþ b̄auches com-
mige out of one stalke / it is strōge
of sauour, hys vertue is to dellyer
wycked windes and other eyllles
in a mannes stomake, it helpeth to
make water, it is hote and drye.

¶ Cardiaca.

¶ Thys is named Cardiacle / it
hath leues lyke to blinde nettels &
it hath y

it hath the lytel coddes with sede, his
vertue is good for the falling eyll.

¶ Cisara.

¶ Thys is called a frēce pees / it
hath leues & coddes lyke unto oþ-
ther pees but þ leues be not so gre-
ate nor so longe, & there be iiij. spy-
ces therof. Camelon.

¶ This is called a Woluisse thy-
stell or a wylde thystell. He hath
white leues greate a b̄olle & a red
flōwer / it groweth by wāyes / the
vertue of th̄ herbe is, þf thou take
this herbe whan the sōne is in Ca-
p̄icorne / and the mōne be newe :
whyle thou bereste it aboue the /
ther shall no myschef the befall.

¶ Cauda pulli.

¶ Thys is named Coltes tayle /
th̄ herbe hath leues lyke to wylde
comin, but they be not stalked lyke
¶ Cavachis.

¶ Thys is named frēche wōres
it is hote and drye.

C.ij. Caulus

Caulus gallica.

CThis is named wylde **Tansy.**

Caulus agrestus.

CThis is an herbe that men call **Glaude**, or **Kouratum**, the leues be lyke vnto plantine but they be noe so muche / it hath a whyte flower and groweth in wates,

Clinaria.

CThis herbe men do call **Peny wort**, this herbe hath rounde leues, it groweth on walles.

Consolida matoz.

CThis is named **Cofery**, it hath leues lyke to **Horeshelme** but they be not so whyte / there be two spypes ces therof. One with a whyte flower, the other with a reed. Hys vertue is if a man be brosen or broken within take the rotes of this herbe and roste them i the ashes and let the spake eate therof fastynge. iiij. and he shalbe hole. Also it helpeth to gather broken bones / it is hote and

Cmyste. And it bereþ blacke sede

Consolida minor.

CThis is called **daysy** or **Browles** / hys vertue is yf it be stamped and layde to a botche, it shall hele it and bryke it / for it is a spype of the **Cofery**. **Ex:2:2:2:2**

Consolida medis.

CThis herbe is called **Wothyn** / this herbe hath longe leues and a lytel endeted and a whyte flower and the flower is somewhat lyke to the **daysy**. **Ex:2:2:2:2**

CHic incipit littera. **D.** Et pri-
mo de **Dragantia**.



Ragauce or **Serpentyne** this herbe is called. The vertue of thi herbe is this yf it be stamped and dounken with wyne / it dothe awaye all maner of venym. Also it dothe awaye the akynge of eres yf they be anoynted therwith. Also the powder therof blowe in a manes nose, **C.ij.** **M**all

Shall clese a man of the rewme/ it
is good to destroy the coughe/ to
destroye the canker and the fre-
nigne of wicked wynes, thys herbe
is hote and myste it muste be ga-
thered in June and July.

¶ *Diptanum.*

¶ This is called *Ditander* or *de-
fayne* The vertue of this herbe is
thus, yf it be dronken it wyl dely-
uer a womā of a ded chylde. Also
this herbe wyl drawe out a thorne
or an yron out of a manes booy/ it
is hote and drye.

¶ *Dancus asinus.*

¶ This is called *Danke*, his ver-
tue is to hele the drypys & bytynges
of venemous bestes. Also it ope-
neth the stoppyng of the lyuer and
of the mylce. Also it vnbyndeth
the wombe and maketh it laxattus
it is hote and drye. ¶

¶ *Dens leonis.*

¶ This herbe is called *Dandely-
on*/ the

on, the vertue of thys herbe is, the
Moze is good for the feuer coty-
dyan. ¶

¶ *Dens canis.*

¶ This is named *Houndes toothe*/
it hathe leues lyke to dādelyon but
they be lesse and the braunches be
not lyke and they droppe mylke.

¶ *Daucus creticus.*

¶ This herbe hathe leues lyke to
wilde poppy/but the leues be more
whiche/it hathe a flower of purple
coloure and it groweth in whete
elys herbe is hote and drye.

¶ *Dragantia.*

¶ This is named *Dragaunce fe-
mell*/it hathe leues lyke to Rewe/
but it hathe whyte spedes, it hathe
a euen stalke the lengthe of. ii. cu-
bites/and it bereth leves as it were
a cluster of Grapes, and they be
yellowe it groweth in mysty pla-
ces/the vertue is yf it be stam-
ped/ and medled with oyle and
C. iiii. pur

put into the eyes of a man it shall do awaye the akyngē therof. Also the moze therol & the moze of the whyte Onyon stampēd therewith and tempered with Honey, it heleth al woundes that the Canker hath be rySEN in. Also who froteth hys hādes with þ moze, if it be in May without doute he may take adders they shal nat venym hym. Also the ioyce destroyeth the darkenes & bout a mānes eyes, if they be annoīed therwith. Also yf the ioyce be d̄zonken with wyne it destroyeth lechery, and it is moyste and colde.

Hic incipit littera. **E.** Et p̄imo de Lenacampana.



Lenacampana is cal-
led hoſhelme, the vert-
eue of thys herbe is thys
yf a mā haue waggige
teſte and he eate of thys
herbe / they ſhall laſten agayne it
helpeth a man to make water yf it
be

be d̄zonken it delyuereth a woman
of a dede chyld / it is good for the
cough it hardeth a mānes wombe
it is hote and moyſte.

Endiuā.

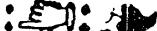
Thys herbe is called endiuē or
ſouthiſtell / hys vertue is yf þ ioyce
therof be medled with hote water
& d̄zonken it helpeth the ſtoppyng
of the mylte and of the lyuer. It is
good to hele the yelowe euyll and
þ feuer tertian. It is good for hote
pouimes and for to ſwage gr eate
heres of the lyuer & of the ſtomake
and it is colde and moyſte.

Eruca.

Thys herbe is named Shyp-
wyre Thys herbe hathe leues lyke
to Wyllerin but they be not ſo lōge
& it hathe a greater moze, his vert-
eue is / the leues be good to hele a
mannes mouth / yf it be holden
longe therin. Also the ioyce of this
herbe ſodden & afterwarde d̄zonken
E. v. it

It de stroyeth the blacke coloure.
Also this herbe ofte vsed styrzych a
man to lechery and to make water
Also the moze stamped and med-
led with oyle and hony clenseth a
mannes chyne yf it be anoynted
therewith. Also the toyce therof
dronken delyuereth man and wo-
men of the cought / for it is hote
and drye. 

¶ Eutasia.

¶ Thys herbe is called Eutasy /
it is good for eyes and hathe a lyt-
tell ragged lefe. 

¶ Ebullus.

¶ Thys herbe is called walwozter/
Whathe leues like to Elder leues
it hath a longe stalke/ the vertu of
this herbe is good to destrope the
drypys/scabbes and reeters and it
draweth awaie wycked humours
out of a man, thys herbe is hote
and drye. 

¶ Cedra.

This

¶ This herbe is called Iuy / this
herbe is lyke to bryā, y vertu ther-
of is. If it be sodē in wyne, tyl it be
thycke / & thā lay it al hote to a bot-
che & it shall b̄zeke it. Also yf thou
haue any akyng i thy hed take the
toyce therof & oyle of roses & white
wine & medle it to gither & anoynt
thy hed therwith and thou shalbe
hole therof. ¶ Cedra terrestris.

¶ This is an earth Iuy / it hath
leues lyke to Catmynt but they be
not so much / and hath a redy slo-
wer / y vertue of thys is yf it be so-
den in swynes grece / it is a good
oyntment for all maner aches.

¶ Enforþum

¶ This is called Clary / this her-
be hath leues like to Daunge but y
leues be b̄ader & rounder, his vert-
ue is, yf he be put in potage it wyl
make the fleshe tender.

¶ Elleborus albus.

¶ Thys Pellycer of Spayne / or
longe

longeworste. Thys herbe bathe leues much lyke to pediliō, but they be not so moch spt without, and it bathe a flower as it were a Paten, hys vertue is if he be put into the nose thylles of a man, it wyl make hym to nele. Also it helethe scabbes, y morphewe, and tatters. Also it purgeth a man of wycke colours of the snewinc, and of the Emeterodes if he be layde to y place that is deseased. Also for the toothache it is good yf it be roddē in a sell and kepe it as hote as he maye suffer in his mouth and it is good to purge a mannes stomake and wombe. Also the powder therof putte in gruell shall ssee wormes and the toyce medled with myke Deeth fyses, it is hote and drye.

Ellēboōzus inget.

Thys is calid Pedelyon hys leues be much lyke to longe wortes, but they be nat so wycke, and it bathe

bathe a bōde flower and a blacke cote, his vertue is yf it be made in powder it wyl destroy a ssee ratter and thys herbe is hote and drye.

Eupatrica.

Thys herbe is called lyuerwōt his vertue is to destroy & clese y hardenes of y lyuer. Also yf it be medled with fresshe gruce it wyl hele wōdes and it is good to hele the feuer quartayne.

Erpina.

This herbe is named Foxgloues.

Ebulus minor.

Thys is the lesse walwōte, It is sumwhat like to walwōte and the leues be a lytell redder.

Hic incipit littera. f. Et p̄imo de flaminula.

Flaminula is called spere or Launcell it is muche lyke to a spere and in the crop of the walke comethe many fayre & smal b̄anches and it hathe

It hath a whiste flower and it groweth in waters, his vertu is yf a man haue the feuers and the pouces of hym anoynted therwith he shalbe hole & it is good to breke botches and byles and it is hote and drye.

¶ Fumus terre.

¶ Thys herbe is called Fumitory of erth Gal / his vertue is to conforte a mannes stomake. Also it giveth the a man appetyte to mete and it helpeth a man to make water, & it openeth the lyuer / and it clereth a mannes blode. Also if any dynke therof with whey it destroeth scabbes, pches, bladders, and wycked humuors, it is hote and drye.

¶ Fumicretum.

¶ Thys is called Fumicrete, thys herbe hathe a longe stalke / and it hathe leues lyke to iiii leued gras and it hath Coddes / his vertue is yf it be sodde in water it maketh a man laxaryue without any perell / and

and it is hote and drye.
¶ Fragra.

¶ This is called Strauberye / the vertu of this herbe is good for blered me. Also it is good to destroye the webbe in a mannes eyes. Also the ioyce of it medled with hony & dronked helpeth the mylce.

¶ Fabaria major.

¶ Thys herbe is called Bockes lepe thys herbe hath leues like unto Benestede, & it groweth in waters.

¶ Fabaria minor.

¶ This is the lesse Bookelempre it hathe leues in maner longe and sumwhat rounde lyke to myntes. This is good to lay to a place that is brosed or to be wellynge if it be stycd with chepes calowe.

¶ filix.

¶ Thys herbe is named Ferne / of this be. iiii spycs / The fyfthe as Pompopdy, the secode is Oslunde & it growethe in dyches and wodes /

des/and whathē a gretē moje / as
pynapples/it is good to hele b̄o-
ken bones / The. iij. is Euseyne/ &
it groweth in walles/and Dolpo-
dy groweth in Dkes, it is good to
make a man laxatyue. This ferne
groweth in woddes/it is good to
hele the podagre. And it maketh
synowes stronge. ☐:☐:*

¶ Filipendula.

¶ Thys herbe is called d̄repwoyte,
the vertue of it wyll destroye the
wycked wyndes about a mannes
lyuer and his mylte and it is good
to destroye the stone, it is hote and
drye. ☐:☐:☐:*

¶ Feniculum.

¶ Thys herbe is called Fenell or
Fenkel, the vertue of this herbe is
thus if the sede be dryed it is good
and conforteth the stomake it ope-
neth the stoppyng of the rynnes
of the bladder. Also þ ioyce is good
to do awaie the webbe of the eyes
of a man

of a man and it be dronken wyth
wyne and water, it is good to do a
waye all maner of benyng. Also the
joyce dropped in the eyes of a man
it wyll clec wormes in a man. And
also þt it be dronken wyth wyne ic
wyll breke the drypsy and all ma-
ner swellynge and kepeþ hym fr̄
castynge, and if it be dronken with
wyne and water /it maketh a wo-
mans mylke to encrease. Also þt it
be medled wyth oyle it is good to
hele a mannes yarde that is swel-
len. And thys herbe is hote and drye.

¶ Fariuus.

¶ Thys herbe is named Hette-
woode /þys vertue is þt it be pow-
ned & layde to a soze /it wyl hele ic.

¶ Feniculus poeticas.

¶ Thys is called Wormesede / It
is good to dystroy wormes i a ma-
nes body /thys herbe is hote & drye.

¶ Febrifuga.

¶ Thys is named Fetherfop /þys
D. i. virtue

Vertue is to cemfōste a manes sta-
make / it is good to aswage þ axes
cotidiā / the crampe , and to temper
it that comethe of colde stomakes.
Also it is good to lay to a soze that
is bytten with venomous bests . It
wyll hele it shortely and it be layde
thereto . Also if it be tempered wþ
lytell it wyll do awaie the Mo-
phewe . Also yf it be stamped and
layde to a wounide in the whiche be
þoken bones , it shal bring the þo-
ken bones to gyther and hele the /
& the roce therof is good to stoppe
the blody mēson / And thys herbe
is hote and drye .

¶ Filago

¶ Thys herbe is called Felde wort
or Hoze wort it is a lytell herbe /
and it groweth in whete .

¶ Flamenula.

¶ Thys is called the leſſe . Spere
wort , thys herbe hath ſmal leues
lyke gras / but it is Sharpe lyke a
spere

Spere and it groweth in fyldes / þ
Vertu is if a heed be cut it wyll hele
it auone .

¶ Hic incipit littera . G. et p̄mo
de gracia dei matoz .



Ratia dei matoz / thys
herbe is called þ moze
Gracia dei .

¶ Granum.

Thys is Grōnell or
Lyche wāle þ vertu therof is good
for the ſtone / and for all euylls in
the bladder . Thys herbe is hote
and drye .

¶ Genestula.

¶ Thys herbe men do call it Ge-
nestre or þome it hath leues lyke
to Spygetuyll / and it hath a ye-
lowe flower his vertue is to knyce
bones and synowes to gyther .

¶ Gencianus.

¶ Thys herbe that mē do cal Fel-
wort or Walmoyne / hys vertue
is yf it be drynken with water and

D. ii. hony

and hony it helpeth the swellynge
in a manes body / in his stomake/
a it is good for venomous bestes /
a it delivereth a woman of a deade
chylde, it is hote and dry.

¶ Galanga.

¶ Thys is named Galingale / the
vertu of this herbe is thus, it com-
forceth the stomake & maketh hym
well to degeste hys mete / and un-
byndeth and letteth oute wycked
wyndes of a mannes body.

¶ Cratum solis agrestis.

¶ Thys is called wylde Gromell
it is swimwhat lyke to oþer Gco-
mell / but the sede thereof is sum-
what gray it groweth in dytches,
it is good for the stone.

¶ Gladiolus.

¶ Thys herbe is called Gladon
the vertue of it is good to make a
man to caste.

¶ Hic incipit littera. H . et primo
de Herba cruciata .

 Erba cruciata is a her-
be that men cal Crom-
woxe this herbe hathe
littell leues and a smal
stalke wylth whyte flo-
wers / and it is lyke to a crosse / thys
is good to hele woundes.

¶ Herba cristofori masculi.

¶ Thys is called Cristofor the
male it hathe leues lyke to þ Crou-
sope / but they be more whyte and
not fully so longe / it hathe yelowe
flowers / hys vertue is to hele the
Epulence and the frensy.

¶ Herba Cristofori femini.

¶ Thys is named Cristofor female
it hathe leues lyke to herbe Peter /
but they be nat in all so whyte and
it groweth muche by the waters
syde it hath a longe stalke.

¶ Herba walteri.

¶ Thys is Herbe walter / it hathe
leues

D. iii.

Leues lyke to perly and the leues
be sūwhat thycke fatte and sedde.

¶ Herba R̄berti.

¶ Thys is named herbe Robert/
it hath leues lyke to herbe Benet/
and it hath small flowers lyke to
purple coloure/ and it hath a strūg
sauour/hys vertue is to hele woun-
des/ y powder of it wyl hee cakets.

¶ Herba Martis.

¶ Thys is called Montagon. It
hath leues lyke to the capitall let-
ter M. and some banches hathe
ix. leues and some x. & some moze.

¶ Haltuca regia.

¶ Thys is named woderose / yf
the moze therof be stamped and
dronken with wyne / it wyl hele a
soze in the mouth. Also the sede stā-
ped & dronken with stronge Wyse /
wyl stanch the flyx and make
the wombe harde.

¶ Herbe Petri,

¶ Thys is named the Cουsoppe.
Herba

¶ Herba Iohannis.

¶ Thys is called saynt Iohan-
nes worte the vertue of it is thus/
if it be put in a mannes house ther
shal come no wycked sprite theri.

¶ Hic incipit littera. I. et p̄imo
de Julquiamus.


¶ Julquiamus is Hen-
bane / h̄tūc is good
for goute / and name-
ly thole y come of me-
lancoly. Also the sede
therof and the sede of Humlocke
medled to gyther & a canell made
therof / or brent vpon a tyle stōne/
and let the smoke go vp into a ma-
nes mouthe in especial among the
tethe, and it wyl hee wormes. Also
the rotes be good for y cothe aches.
Also the toyce therof is good for al
woundes. Also it swagethe the
coughē and y hōre postume, And
y hōre Dodager. Also the sede of
Thys

• thys herbe shulde be gathered in the monethe of Auguste. Thys herbe is colde and drye.

¶ Iſopus

¶ Thys herbe is called Iſope. His vertue is yf a man take the ioyce therof/and put it in his meuthe it wyll hele all maner of euils in the mouthe. Also it cleeth woynes in a mannes woyne & maketh it neshe Also if it be dronken grene or i powder/it maketh a man wel colozed/it is hote and drye.

¶ Freos.

¶ Thys herbe is called Daue/ it hath leues much lyke unto the flowerdelyce/and it hath a whyte flower/it groweth in water /the vertue of it is good to hele the akynges of synowes. Also yf it be dronken wyth wyne or ale/ it wyll destroye wycked humours i a manes breste and the coughes. Also it destroyeth the

the cramp / it heleth the bytynges of venomous bestes. Also yf a woman haue a deed chylde within her it wyll delyuer her without perel/ it is hote and drye.

¶ Iris.

¶ Thys herbe is called flowerdelyce, this is lyke to an herbe that is called Daue almoste in all fetures / but the flower is more prude blewe/ this herbe groweth in water and gardyns . It is of the same vertue that Daue is of.

¶ Iacus.

¶ Thys herbe is named Cockospynotel thys herbe hath leues lyke Mercury & a flower lyke to Dianance and it is bittter and pycynge upon the tonge /his vertue is yf a man haue any swellinge vpō the tonge or any swellynge aboute his eres/take the herbe and seethe it with Cuberosestatibus in wyne and oyle and with comyn & make

D.v. a playster

a playster therof and lay it to hys
eates & it wyl make hym hole. Also
take the knobbes of the rote, and
drye them and clese the, and they
haue vertue to make a man laxatry
ue yt it be constypulatrye. Also ys
thou wyl make the face whyte and
clere take the powder of the rotas
and laye it in rose water, and set it
agaynste the sonne tyll it be consu
med Do so twise or thysle, thā cub
be thy face with þ powder, or what
other place thou wyl, to frere a
waye the superfluite of the flesche/
Thys herbe is hote and drye.

ꝝ *Galatia nigra.*

ꝝ Thys is called *Madecalon* or
bulwede or knapwede.

ꝝ *Galatia alba.*

ꝝ Thys is called *Golegras* or wyl
de taulp, it is good for cleysyng
of a mannes lyuines.

ꝝ *Ipta maior.*

ꝝ Thys is named *Pympernell*, it
hath

hathe leues lyke to *Chicken mete*
it is good to hele woundes, and to
destroye venym and to hele a man
of the postume & to hele sore eyes.

ꝝ *Ipta minor.*

ꝝ Thys herbe is called *Cheke mete*
ꝝ *Jacinetus rusticus.*

ꝝ Thys herbe is called *Blewebe*
tyme or andode or *Kanbowe*,

ꝝ *Hic incipit littera .L. et primo*
de herba Lanisticum.



Usage thys herbe is
called / hys vertue is
muchē in the lede / the
more therof is good
to be dronken with
wynē to hele a mannes stomake, &
for other euelles within a man, and
for to make good degesyon, it is
hote and drye.

ꝝ *Lingua ceruina.*

ꝝ Thys is called *Herkes tonge*, the
blu of it is good to rype a pollume

and

¶ b̄cke it if it be soden with oyle of
Roses and a playster made therof,
and if it be d̄onken with wyne or
ale/it wyll herden a mannes wom-
be and it is good for the coughē/
and it is hote and drye.

¶ Lilium.

¶ Th̄s is called the Lylp / the ver-
tue of this is yf it be stamped with
calowe & oyle and a playster made
therof and layde to a place there
as the postume is it shall ryue it &
make it to b̄cke. Also take a great
quantye of the rotes and the sede
of the Docke / & the moze of Loua-
che and put all these in wyne and
oyle the space of .ix. dayes and af-
terward se the it and cleuse it / and
to thereto were and make therof an
oyncment and that is good to hele
the soze & the hardnes of the mylte
Also the joyce thereof is good to
hele the venym of adders. Also lay
the joyce therof to a wōde that is
bytten

bytten and it wyll hele it / also takē
the rotes and roste them and tem-
per them wþh oyle of olyue / and
laye it to a place that is b̄ent / and
it wyll hele it . Also thys herbe is
good for many other thynges and
deseases if it be d̄onken wþh ale/
wyne or water. Also it heleth and
conforþeth mucþ a mannes synas-
wes. The vertue of thys herbe is
in the Mozes , and thys herbe is
hote and drye.

¶ Ligustum.

¶ Th̄s herbe is called pþymrose/
this herbe is good to yotage. Also
the joyce putte in a mannes nose it
wyll destroy the Hegym.

¶ Lingua bouis.

¶ Thys is called Langdebesē the
vertue of this herbe is good to do
away þreed coloure of a mā . Also
if it be d̄onken it dothe awaye the
Cardiacle and other wycked hu-
mours in a mannes longes . Also
the

the ioyce of thys herbe dōken with
hote water, makech a man to haue
a good mynde and good wycete, thys
muste be gathered in June or in
July, it is hote and drye.

¶ Lingua serpentis major.

¶ Thys is called Adders tonge,
this herbe hath leues lyke to Alfo
dyl, but they be moxe grene / and
also moxe sharpe in the ende / thys
muste be gathered in Apyll.

¶ Lingua serpentis minor.

¶ Thys is called the lesse adder
tonge, thys herbe hath leues som
what lyke to Pygyll, and it hath
a yelowe flower and out of the stal
ke cometh many braunches and it
groweth in woodes.

¶ Lingua canis.

¶ Thys is called Hundestonge/
it is good to destroye the cough &
the postume, and it wyl ripe a boch

¶ Lingua hicina.

¶ Thys is called Buckeshorne or
Dwincskecce

Dwincskecce thys herbe hath le-
ues faltered as it were an Hertes
houre / and groweth creyng by-
twe grounde, and it hath a lytell
whyte flower, it groweth in wate-
ry places.

¶ Lupinus.

¶ Thys is called Lupynne, thys her-
be hath leues lyke to fyue leued
grass, the Lupynne hath .vi. leues,
and it hath a whyte flower, and a
whyte sede that is somewhat bρoder
and it bereth coddes somewhat like
vuto Bene coddes, the vertue of
thys herbe is thus, yf a man haue
woormes in hys wombe, take the
sede and make mele therof and the
joyce of wormwode and hony and
make a cake therof and ete it, and
it vnyndeth the stoppyng of the
lyuer & of the milte. Also it is good
to destroye drosy. Also take the
same mele & the joyce of Scimerte
& make therof paste and laye it to
thy eare

thy eres and it shall kyll the wo-
mes within them / or yf thou make
a cake & bese it / it wyll do the same
Also yf thou wyll take the ioyce of
Lekes and temper it with the mele
and put it in thy eres / it shal clese
them fro all wycked houmuts and
synkyng. Also take the same mele
and temper it with oyle and it wyll
bryke and ryape all manner of postu-
mes / this herbe is hote and drye.

Labium veneris.

LThys is called Sowthystell / the
vertue of thys herbe is thus / yf a
man haue a hote leuer / take the
joyce therof & temper it with hote
water and let him drynke it and he
shalbe hole. Also if a man haue ve-
nyn within hym / take this herbe
and drye it and make powder ther
of and do the powder in good wne
and let hym drynke it and it wyll
caste vp all the venyn / it is hote
and drye.

Lauendula

Lauendula.

LThis is called Laueder, if this
be soden in water gyue that water
to a man that hath the palsy and it
wyll hele hym, it is hote and drye.

Lactuca.

LThys herbe is called Lettyle
or Slope woxte the vertue of thys
herbe is thus. If it be eten rawe
or soden it engendreth good blode.
Also thys herbe soden with a lytell
uell and saffron and than dryon
ken / it helpeth a man that is stop-
ped in the lyuet and in the mylte.
Also yf a man maye nat slepe / take
the sede of thys herbe and stam-
pe it to powder / and temper it
with womans mylke and make
a playster therof on lynt / and laye
it to the temples of thy head / and
thou shalt slepe well / or els drynke
the powder thereof with mylke.
Also take the sede & temper it with
oyle of Roses, and make a playster

E.t. and

and lay it to the stomake/ and it is
good to destroy the hote postume.
Also dypnke the ioyce of this herbe
or pouder of þ seðe for it is good to
hele the flyre. But who that vlech
þys herbe ouer muche/it wyll de-
stroy theyȝ syght, thiȝ herbe is colde
and sumwhat moyste.

Lactuca siluatica.

¶ Thys is called wylde Lettyse /
this herbe hathe leues lyke to the
rypstell , and they be sharpe & kene
and it hathe a flower of purple co-
loure and it groweth in feldes and
in whete . Thys herbe is hote and
drye .

Lactuca leporina.

Thys herbe is called Harelystel/
this herbe hath leues like to Cow
chitell, but þe leues be nat so endē-
ted/it droppeth mylke the vescu of
thys herbe is thus If a hare eate of
thys herbe in Somer whan he is
madde he shalbe hole, Allo take thys
herbe

herbe and lay it to a mannes syde
whan he slepeth/o; els þe knowe
not thecof /and it wyll hele hym of
the feuers.    

¶ :Lollum.

وَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ

¶ Thys herbe is called Cockle thys
herbe hath vertue yf it be dyonken
with Radysshe and a lyttell salte/
it is good to hele the Cauket/or o-
ther woundes in peryll. Also it is
good to confort the stomake and
the liuer. Also it wyll vnbide wo-
mes in a mannes stomake. Also it
helpeth a man to make water, and
it is good for soze eyes. Also sub-
fumyngacyon therof wyll make a
woman to bere her chylde without
any peryll or harme. Also it wyll
asswage y great paynes of akeing
of the lyuer it is hote and dyre.

Lapatrium rubens

€, it, . . . it is

it in his mouthe / it wyll asswage
the tothe ache. Also of a man haue
the kynges eyll take thys herbe &
sethe it in wyne and strayne it and
gyue hym to dynke and he shalbe
hole yf he vse it ofte. Also of a man
rubb hym with the toyce, it dothe
awaye eyll pitchynges. Also thys
herbe is good to delyuer wyndes/
that be stopped i a mannes stomac
balkynge. Also thys herbe is good
to make scabbes and botches rype.
Also it is good to make a man to
haue a harte wōbe, it is hote & dry.

¶ Linum.

¶ This is called flax / it is good
if a man take the sede therof & seth
it in water, it maketh a man laxa-
cypus, and it is good to make a play-
ster therof for akynges sores. Also
ther is an other spece therof that is
called Custula / it is named in eng-
lysh the Dodure / and it groweth
amonge flax, the vertue of this is
good

good to purge a man of the colour
Also if it be take and a great quan-
tite therof sodden in Myre and
oyle to gyther and a playster made
therof / it is good for the rynnes &
for the brest / and for other akynges
lymnes. 20: 2: *: 20: 2

¶ Lautiola.

¶ This is called Lawzell / it wyll
make a man laxatye & it is good
to purge a man of flemme and of
the colour, it is good for a man that
may uate ate, for if the toyce therof
be put in his eres, or yf þ sayd her-
be be stapyed and a suppositoy be
made therof and layd on cotten, it
wyll heale it, it is hote and drye.

¶ Licoysa.

¶ Thys is named Lycopse, the
roote of this herbe is swete and it
moysteth the kyndely hete of a man,
and it is good for the coughe. Also
yf it be sodden in water, it wyll de-
stroy a mannes churste. Also it ma-

keþ

kethe a mannes breste / hys throte
and his loges / moyt and in good
temper Thys is colde and moyste.

¶ Lappa.

Thys is called Clotes or Burres.

¶ Lappa amersa.

¶ Thys is called a Clote.

¶ De littera .M. Et primo de
Millefolio minore.

Mifople the lesse thys
herbe is called. There
is no dfference of kynd
nor vertue bytwene myl-
folys folys the lesse / and myl-
folys the more / saue the more grow-
eth in gardens / & the lesse in wylde
places they be bothe of one strengthe
his vertu shalbe declared in Myl-
foyle the more folowing by letter.

¶ Mercurialis.

¶ Thys is called Mercury / hys
vertu is good yf a man haue akyng
in hys wōbe / gyue hym to dynke
the

the joyce and he shalbe hale, it wyl
cisse the stomake and the sede wyl
do the same. Also the joyce tempe-
red with whyte wyne is good to
hele soze eyes / and yf a worme or
other venym haue bytten a man/
take the joyce and warme it and
washen it. Also yf ther be any woz-
me cropen into a mannes eares,
take the joyce & warme it and put
it into hys eares and he shalbe hole.
Thys herbe is hote and drye.

¶ Menta.

¶ Thys herbe is called Mynte/
hys vertue is yf it be ofte eten / it
will dre wormes i a mannes wōbe.
Also if a man haue boches or other
ennynnges or swellynge in hys
heed / take thys herbe and stamp
it and laye it to the soze and it wyl
hele it. Also if a mannes tothe or the
fleshe of y tothe ake or styuke, take
hys herbe & seth it i whyte wyne i
in myself / and take that lycour and

¶ C.iii. washen

wasshe his mouth; e therwith, than
take the powder of the herbe and
cubbe wel his tethe therwith, & he
shal haue a swete smellyng mouth
Also take thou this herbe & Spissell
and make sauce, and it wyll make
þ to haue a talct to thy mete. Also
wher therre shalbe gyuen any mede-
cyn to destroye venym, it wyll be
good to be giueu with the toyce of
thy herbe, for it hathe many ver-
tues and namely for venþ ther be
many spycys therof and it is hote
and dyppe. 

 **Menta romana.**

Chys is named whyte Mynte,
the vertue therof is the toyce wyl
clee wormes in a mannes wombe.
Also the toyce wyl clee wormes in
the noseþyles of a man. Also the
powder therof caste in a mannes
mete/it shall make him well to de-
fye his mete. 

 **Malua.**

Chis

Chys herbe is csilled Malowe /
the vertue of it is good yf the le-
ues be stamped and layde to a man-
nes stomake it wyl b̄eke a hote
postume in the begynnyng & els
medle thy herbe with freshe swyp-
nes grese and lay it on a hote tyle,
and lay it al hote to the postume &
it shall ryde it and b̄eke it. Also it
is good to destroye the hardenes
of a mannes lyuer and mylte. Also
it wyll make a man laxatye, and
it is good for playsters/it is colde
and moyste. 

 **Mozell oþ nyght shadowe.**

Chys herbe is colde & dyppe in the
ij. degree, the leues, the braunches &
the frute therof be right good, and
besy when they be grene/they be
good for stoppyng of the Spleen
and the lyuer, & besy for the Han-
desse to dynke the toyce of it with
a lyttell Roberette. Also for a postu-
me in the stomake/in the bowels

C. v. viii

or in the lyuer seth the ioyce therof
with barlye water and dynuke it.

Mastyke.

Myth gume is hote and dryv i the
11. degré . It is a gumme of a tree
growyng in a parte of the countre
of Grece / in the latter ende of Uer
the men of that countre sprite the
trees and than make the grounde
clene aboute and lay clothes v. v.
aboue the trees , or some other co-
nyng to kepe the gumme from the
grounde in chosyng of it / to knowe
whiche is beste to take / the beste is
whyte and clere , the wbrte colour
is next the best & is medled w
erth *Asu' v' hac d'ck'e* , & best Masty
ke hath vertu of constraining , con-
sorving cleasing & losynge of humours
descenyng fro the heed aboue to
the eyes and to the tethe / and for
the desease of the temples made of
and ascenoyng wynd . fro the sto-
mache

make to the heed . Take powder of
Mastyke / with whyte swete wyne /
and the whyte of an egge & medle
them well to gyther and ye wyl , ye
may put in frankencence and play-
ster it to thy temples . Also sethe
Mastyke in water and dynuke it &
it wyl conforte well the stomake
and make good digestyon / and it
comforteth & relaxeth the stomake
and put to it fenell sede , and it put-
teth out wynde out of the stomake .
Also a playster made of Mastyke
and Rose Armonyake & the whyte
of an egge and vyneger and lay it
on the forke of the stomake or brest
it wyl constraine wel the coloryke
vanyte . Also seth Mastyke i rayne
water and dynuke it w. warme wa-
ter and thys inedecyne is good for
the flux of y wombe that comethe
of a sharpe lax that was taken be-
fore to stoppe hym . And boyle
Mastyke in rayne water or Rose
water

water with. is. or. iss. cloues and
drynke it warme and that confort-
eth the vomyng and the flux of the
wombe that cometh of sharpenes
and vvolence of the medecine. Also
Mastike must haue but lytel boy-
linge for hurtyng of his vertue &
it shulde be giuen warme, for it co-
stayneth more whan that it is gy-
uen warme, than whan it is ouer-
muchē hote. K * S * K

¶ Magerum.

This herbe is hote and drye in
the seconde degré, the flowers and
leues be vsed i medecines, it shulde
be gathered in somer whā it slowe-
th, and dry it in the shadowe. It
may be kept a yere, it hathe vertue
of confortynge, of losynge, of con-
sumyng/ and of cleansyng, yf the
powder of it be drynke in wyne /
or els boyle þ powder of it in wine
& it wyl here well a stomake. Also
it conforþeth the degelty on. Also
take

take þ leues and flowers of Sage
rum and powne the a litel & make
them hote in a panne, and lay it to
the greuaunce and it taketh away
the desease in the stomake that co-
meth of wynde. Also for the rebme
in the heed, take this herbe & bynde
it warme about thy heade. Also it
dryeth the mother and consumeth
the superfluyte of it. K : S

Millefoliū mato, or parowe.
Kynge Achilles founde this her-
be, & with it he heled hys men that
were wounded with yron, for woū-
des stampe þ herbe with swynes
grece, and plaister it to the woūde
and it shall hele it, and the same is
good for an ache i the breste or syde
it is good for them that may nat
pysse, take the ioyce of thys herbe
and byneger & drynke it, and mer-
uelously it helpeth a woūde/ that
hath take colde. Stampe this her-
be in butter and lay it to the woūte
and

it groweth aboute the Nutmeg
as þ rynde groweth about the Ha-
sel nutte, it may be kepte. x. yere in
his vertue, it is confortynge dysso-
lyage / and cōsumyng, the know-
lege of fine maces is thus, it shuld
be in colour lyke to fyne golde or
cl̄s like to golde that siluet is gilt
with, the whiche hath a sharpe ta-
lage with a bytternes, & it lokeneth
lyke to erth, & it is to be refusid/
for it hath no sharpe sauour, for a
colde stomake that may not defye
nor degeste well, take maces and
boyle them in wyne and dynke it.
Also a good playster the whiche is
best for a feble stomake, make pou-
der of Mastyke and of maces and
medle them with oyle of roses and
waxe and make a plaister therof &
lay it on the stomake of þ seke per-
son. Also to cleuse the b̄ayne of sus-
persluous humours, take a quart-
te of Maces and chewe them well
in the

in thy mouthe and holde thē therē
a whyle, and that shall lose the su-
mosse of humours that ryse vp to
the b̄ayne and purge the super-
fluyte of it. Also for feblenes of the
stomake & þ lycer of a colde cause
and for þ colyke, and for the deseas-
es of the sp̄yntuall memb̄cs / or
ewme / boyle maces in the ioyce
of Henel and in the ende of the boyl-
yng put in a lytell wyne / than
straine it and dynke it for it is the
best remedye for the sayde deseas.
And for the ache of the herte /
vse powder of maces in thy metes
and dynikes. ☘*:*:2

¶ Menta.

CThis is named þ Reed Mynte,
it is hote and drye in the ii. degree,
and therē be ii. other myntes / þ but
þ meane house mintes, the whiche
properly is sayde garden myntes,
for that moste comonly is in mede-
cines bothe grene & drye, for great
f.i. holssunes

hol somnes it shulde be dryed in a
shadowe place / & so it wyll be kept
a yere in great vertue , to dyssolue
or lese to consume of hys pper qua-
lite and to comforde of his swete sa-
uour , for the stynkyng of þ mouth
and filthe of the gumes and of the
teethe, wash the thy mouthe and gom-
mes with vynegar that myntes be
soden i, and after rubbe hym with
the powder of myntes or with dry
myntes to pouoke the appetyde
whā an impediment of the stoma-
ke that comethe of colde hnmours
beyng in the mouthe of the stoma-
ke / make a salue of Myntes and
vynegar with a lytell Dynamum
and pper and vse it well agaynst
vomites that comethe of feblenes
of the stomake or of colde causes /
Sethe myntes in Sauge water &
vynegar and dype it in and lape it
on the mouth of the stomake with
the Myntes that be sodden therin

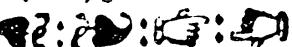
Also

Also gyue to the pacient to eate of
the same Myntes to; the syncopys-
ne and feblenes i feuer & and with-
out feuers / o; of medecyne / o; of
what cause it be / stampe Myntes
with vynegar and a lytle wyne
þt the pacient be withoute feuer /
and þt he be with feuer / stampe
Myntes with vynegar alone / þā
make a coste of lower bæde and
coste it well tyl it be almosle bænt,
than put it in that lycoure and let
it lye therin tyl it be well soked /
than put it i to his nose and robbe
hys lippes, gummis, teethe and re-
ples therewith and bynde it to the
pulse vayne of his armes, and let
the pacient eate the moyntes that
is leste , and swalowe it in. For to
clense the mother / take the tender
coppes of Myntes and seth them
in water or wyne and playster it
to the share / and to the raynes/a-
gaynt the cogeling in a womanes

X.ij.

bæste/

þreste, take þ smal stalkes of myn-
tes and sethe them in wyne & oyle
and playster it about þ tetes. Also
be it knownen that whan any mede
cyne shulde be gyuen agaynste be-
nyng: it shulde be gyuen with the
joyce of myntes/ for myntes haue
a manner of strength of dawynge
out of venym / or els it shulde be
wiche wyne that myntes hathe ben
soden in for stoppyng of the splen-
and the lyuer and of the wayes of
the vypne of a colde humor and of
a hote without feuer. Take the
joyce of myntes alone or myntes
soden in wyne or the joyce of myn-
tes medled with honyn, and gyue it
to the pacyent. To see wormes in
the belly, take the joyce of myntes
and dypynke it and thou shalbe hole
Also þ joyce of myntes cleeth worm-
es in the etcs. For a better take
the joyce of myntes and put thereto
Brymstone and bryngere & medle
them

them well to gyther and anoynte
the tetter therwith and thou shal
be hole. For a wounde in the heade
stampe myntes and lay the on the
wounde. &c. For payne in the syde
take myntes and seth them in olde
wine or ale & with it stampe. xviij.
graynes of peper and dypynke it in
the nyght/ there be but lytell dyffe-
rence betwene thys mynte and the
tonayne mynte / thys is the gar-
den mynte. 

Littera et primo de flur
muscaria.

Muiegge is hote and
drye in the. ij. degré, the
belle groweth in ynde/
and in the cyne of hys
ryppynge it is gathered,
and. viij. yere it may be kepte/ they
that be playne & heuy after they
kynde be beste to be chosen. And
whan they be broken they fall nat
to powder but they haue a swete
fl. iii. and

and sharpe saucur / yf they lacke
any of these afor sayde , they be nat
good for medecynes / he hath vert-
ue of confortynge by hys lweste sa-
uante / for coldnes and feblenes of
digestyon of the stomake take in
the morynge halfe a Nutmegge or
a hole Nutmegge and eate it . Also
for a colde stomake that is feble of
digestyon and for the lyuer gyue
hym wyne þ Nutmegges is boyle-
d i . Also for the same boyle Nut-
megges and Mastryke i wyne and
drynk it , this is good for þ deseases
in the stomake and i the bowelles
to drynk wynde . Also i the recou-
eryng of a sykenes to conforte the
spyrituall membris / boyle Nut-
megges and mastryke in wine and
drynk it . Also take a Nutmegge
and smell to it / and it wyll conforte
the spyrituall membris .

¶ Napo.

¶ Thys is named Nauewe / it de-
sygeth

sygeth grounde that is latty / and
sandy , it growethe beste in luche
grounde . The pprete of the Nau-
ewes is , he chaungeth & turneth into
tape , and after that it turneth into
Nauewe . The beste do growe in
grounde well donged and turned .
Also it poued well in places that
sable of corne hath bene in þ same
yere . If they growe to thryke
plucke some vp here and there / so
that the other may pouer þ better ,
and those that ye plucke vp set thē
in voyde places . They shulde be
sowen in the ende of July and in
Auguste , the beste lauored Nau-
ewes be they þ be longe & strayght
and nat ouer great no; brauncres
in the rootes , but an strayghte
toote . Also of Nauewes may be
made a passyng good meate with
a lytell salte and byneger hony
and mustarde & with swete spyses
& it maye be made wþout spycys

F. 113. ¶ Nauewe

Hauewes be hot in the seconde
degree and they noysche muche /
but they be harde of degestyon, they
make the flesche softe and wyndy /
but lesse wynde than rapes. Ther-
fore whan ye sethe them in water /
caste that water awape / and sethe
them in an other water and so bys
harde substance is tempered by g
and so menely betwene good and
evill they gendre noyschynge, for
they that be thus wel sodde be nat
harde of degestyon, they make one
wyndy / and they make stoppyng
of baynes & of poozes but yet they
be profitable if they be sodden twylle
and both the waters to be caste a-
wape / and they to be sodden with
the thyde with fatte flesche.

Hic incipit littera O. Et primo
de Olibano.

Olibanum is colled franken-
sence. Thys is hote and drye
in the iii. degree / it is a gumme of
atre

atre in Inde the cleneste is the
beste . Also ther be trees of that
kynde growynge in Camaske, but
not clere nor good for it is darker
of colour, therfore it is to be refu-
sed in medecyne, it hathe vertue of
confortynge by hys swete sauour.
Also of closyng and constaynyng
for the tothe ache that cometh of su-
perfluyte of humours of the heade
and specyally by g baynes, make a
playster of powder of frankensence
wyth wyne & the whyte of an egge
medle them togyther and playster
them aboue the temples. Also to
stoppe the wayes of the baynes a-
boue, take frankensence and che-
we it well in thy mouche and that
shall stoppe and let the flux of hu-
mours coming downe to the nose-
chylles Take pilles of frankensence
& swalowe them downe in the mor-
ning, than boyle frankensence in
wyne and at euendrinke that wā

f. v. 190

Haue wes be hote in the seconde
degree and they noysse muche /
but they be harde of digestiō, they
make the fleshe softe and wyndy /
but lesse wynde than rapes. Ther-
fore whan ye sethe them in water /
caste that water awaie / and sethe
them in an other water and so hys
harde substance is tempered by þ
and so menely betwene good and
evill they gendre noyschynge, for
they that be thus wel sodde be nat
harde of digestiō, they make one
wyndy / and they make stoppyng
of baynes & of poores but yet they
be þfitable if they be sodden twise
and both the waters to be caste a-
waie / and they to be sodden with
the thyde with fasse fleshe.

Hic incipit littera O. Et primo
de Libano.

Libanum is colled Franken-
sence. Thys is hote and drye
in the iii. degree / it is a gumme of
atre

atre in Inde the cleneste is the
beste . Also there be trees of that
kynde growyng in Camaske, but
not clere nor good for it is darker
of colour, therfore it is to be refu-
sed in medecyne, it hathe vertue of
confortyng by hys swete sauour.
Also of closyng and constrainyng
for the tothe ache that cometh of su-
perfluyte of humours of the heade
and specyally by þ baynes, make a
playster of powder of frankensce
wyth wyne & the whyte of an egge
medle them to gyther and playster
them aboue the temples. Also to
stoppe the wyes of the baynes a-
boue, take frankensence and che-
we it well in thy mouthe and that
shall stoppe and let the flux of hu-
mours coming downe to the nose-
chylles Take pilles of frankensce
& swalowe them downe in the mor-
ning, than boyle frankensence in
wyne and at euening drinke that whā
f. v. idou

and Constantyne sayeth that they
be frutes of trees growyng i Jude,
and some say that Peper is made
blacke with brenyng in the fyre
for whan it is gathered there be
great multitude of serpentes about
it & therfore they put it in the fyre
to brenne the serpentes & be about
it / the Saraphis dry it in an ouen
by cause it shall nae encrease in an
other lande. But of all the Pepers
the blacke is the beste / & the molte
holosome. Take peper and put it in
te the nosettylls and it wyl make
the to nese and let the peper and syg-
ges in wyne and drynke it and it
wyl cleanse the spypcial members
ofough humours and it is good
for the pose that is taken of colde.
Also for y same eate pouder of pe-
per with sygges. Also pouder of
peper put in a mannes mete com-
forteth the degestyon of y stomake
Also put dry peper in a rosted apple
and

and eate it / & it shall confort the
degestyon. Also powder of peper
wyll create awaye deade fleshe or
proude fleshe, & longe peper com-
forteth more thā blacke. Also blac-
ke peper hathe vertue of losynge
comfortynge and of drazynge / it
clenseth the spypcial members of
colde sicwme & vycrous humours
and bese whan the powder of it is
eten with sygges for he hath great
strength of hetyng and comfortynge
the stomake prouokynge ap-
petite, but to Danguyne and Co-
loynke psons it is not good to vle
peper / for it dryeth & breneth blode
and it engendreth leper and other
euyll sykenes / Plaço sayth that
peper is foule to see in syght with
out blacke & within with a sharpe
sauour and a swete odour, littel in
quantyte and muche in vertue.

¶
Pimpernell.
This herbe is good to hele woun-
des

the coughe bople thys herbe i wyne
and drynke it luke warme and thys
wyll make one to ppsse well. For
the dysease in the bely stampe thys
herbe with comyn and water and
lay it hote to the nauel and lightly
it shalbe hole, for the disseases in y
lyuer stampe thys herbe and tem-
per it with water and vinegat and
drynke the ioyce therof and thou
shalbe hole. For an ache i y legges
or armes take the leues of elder &
pauoil copall of euery lyke much
and stampe them to gyther well &
playster it to the greuaunce and it
is good for y feuer tertian yf thou
take the brāunches of this herbe &
wrappē it in a good locke of woll
and gyue it to the pacyent and let
hym smell thereto before the feuer
come on hym, and that shal do hym
greare eale. For the hed ache take
thys herbe & bynde it fast rounde a
houre thy hed and anone it seaceth
the

the ache. Also yf a woman haue a
deed chylde in her wombe, stampe
thys herbe and gyue her to drynke
with olde wyne, and she shalbe de-
lyuered of it by the grace of good,
For the cramp drynke the ioyce
with byneger fastynge and it wyl
put it awaie.

**¶ Penedanum vel Fentulus
portinus.**

Thys herbe is called mayth Hogs-
ges fenel or mayden wude thys her-
be is hote and drye in the iii. degré
whan thys herbe is gathered for
medecynes the rote is better than
the herbe, whan the rotes be gathe-
red they maye be kepte all a yere, it
hath a purginge vertue, it is good
for the strangulyon or the flyr and
good for stoppyng of the spleen &
the lyuer, boyle thys herbe in wine
or water and gyue it to the pacyent
to drynke. Also seche it in oyce and
wyne and playster it to the share &

G.I. it wyl

grene and hat dye. To make a see-
rope to syze the luste of the body
and for to confort the degestyon
take rotes of **Parsnepes** & sethe
them wel in water, than take them
out and caste awaie the water and
the rotes that be in gobbeys boyle
the againe in water thā put thereto
hony well clarified and lette them
boyle vnto the thynenes of honyn
and continually syze it that it cleue
nat to the vessell and in the myble
of the boylunge, put in almondes
yl þe haue them, in the ende of the
boylunge put in, gynger, galyngale,
& a lytell **Pepet Nutmegge**
& other swete sauored spycys. Also
Parsnepes may be sownen in De-
cember / Januarty and March in
fat grounde depe doluen and loose
grounde and beste digged, and they
be somewhat wyndy. Boyle them
in two waters but caste awaie the
fyre water. Also there is **Pars-**
neppe

neppe that is sumwhat reed / the
whiche may be eten both rawe and
soden & with the and **Rawewes** to
gyther þe maye make a very good
meate and farre and red in colour
the whiche be sodden as **Parsnep-**
pes be. * * * * *

Plantago.

Chys is called **Plantaine**, it is
colde and drye in the .ii. degré / for
heed ache take **Plantayne** & binde
it aboute thy necke & the ache shal
go out of thy heed. Also for desse-
ses in the body, sethe chys herbe in
good lycour what þe wyll and vle
te dynke it and it shall clense the
mawe & the other inwardes. Also
for hym þ bledeþ at the nose gyue
þy m to dynke the soþe of it and
it shall cease lyghtly. Also yf þ body
of any man be weren hard, stampe
chys herbe with grece and make a
playster of it & laye it on the hard-
nes and lyghtly it shalbe softe and

G.iiij. make

make it hole. Also for bytting of a
serpent, take this herbe and drinke
it with wyne. Also for the disease
in the mouthe take the toycce of thys
herbe & holde it loge in thy mouthe
and eate the leues of this herbe, for
hym that maye nat well pisse sethe
this herbe and drynke it. Also for a
rotten humour in the breste and a-
boute the herbe / take the toycce of
this herbe the wayght of. x. v. and
medle it with hony and gyue hym
to eate a sponefull at one tymme and
that shall purge the breste, for ache
in the fete, take this herbe with vy-
neger and drinke it. Also it heleth
woundes and cleseth the fylth out
of woundes. Also it swagech ran-
kelynge and stauncheth the men-
crys bothe with drynke and with
playsters made with pouder of Ar-
monayke and of Sadragowne and
Barly medled w the whyte of eg-
ges made in a playster & layde to
soze

soze, for the Canker and the payne
in the gūnes, take the toycce thereto
and medle it with hony and wyne
gyre and pouder of Alume and that
shall cle the Canker in the mouth.
Also for the feuers stampe. iiij. Ro-
les of Plantayne, & tempye it with
water and gyue it hym to drynke
that hath the feuers and he shalbe
bole/for the Jaundes stampe Pla-
tayne and Lettyle togyther & tem-
per them with vyneger and make
a playster thereto and lay it to thy
syght syde & vse it tyl thou be hole,
and it is good for þe bitige of an ad-
der drynke the toycce of it & lay the
substaunce of the herbe to the soze
for the same hange the rote of plan-
tayne a boute the necke of the pacy-
ent and meruelously it helpeth, for
the potager and for the disease in þe
synowes stape the leues of it with
a lyttell salte and playster it wyll
thereto and meruelously it helpeth.

S. iiij. Portum

L Doxum.

¶ Thys is called a leke / it is hote
and drye i the .ii. degree / it desyret
louse grounde and fat and well dres-
ged in that they shall beste profyte
in hote places and thererate They
maye be sownen in Decembry in re-
parate places & colde. They maye
be sownen in January February &
Marche whan the grounde is well
drygged and dryght and it maye be
sownen by it selfe or medled with o-
ther sedes of herbes in good fatte
grounde well drygged and turned
a bove it wⁱ a good doge, this sede
wolde be sownen somwhat thycke /
and whan they be somwhat sp^zoge
take vp the greatest lekes & planten
them in forowes but take awaye
none of they^z rotes whan ye set the
in þ forowes / but wh^z ye set them
with a dyble / than cut awaye the
rotes almoste vp to the leke heid &
awaye the uppermost of the leues,
they

they maye be plantyd in July , Au-
guste September & October , they
be much profytalbe in March and
in Apirl nexte folowynge / but in
youre plantinge you shall nat scke
after fete softe grounde for menely
ground that is beste & that grounde
that is almoste drye is beste , there
is .ii. maner of settynge of lekes /
one is in forowes, as is the maner
in Bonony and the forowe muste
be fro the other a spāne large and
the lekes must be set in the forowe
iii. fyngers b̄ede eche fro other &
whā ye make the next forowe caste
the erthe on the lekes and trede it
downe softely with thy fote . The
.ii. maner is thus whā the ground is
well drygged & raked than make ho-
les with a greate dibul & every hole
fro other a large spā moze i a hole
the lekes must be set in , but yf the
thy holes noȝ put erth on the n̄ but
let the be vpo .iiii. wekes, w^z a .

G. v.

i.

bes growe a mong them pul them
þp & kepe the clene fro wedes, Dy-
uers auctours say that the Lekes
that be thus planted be better thā
Any other, or they may be well plā-
ted amonge great onyons & whan
the onyons be taken awaie, wede
the lekes and you shal fynde them
sayre and good, & whan ye plucke
þp leue some i a place / & leue some
so, sedē the whitch sedē may be kept
vii. yere and it be hanged þp in the
hulles / lekes be beste soden, or. vii.
spines washed before thy be eatē/
For a wounde take lekes and stam-
pe them well with hony and lay it
to the wounde and it wyll hele it,
for þe cough take þe ioyce of lekes &
use to dyke it, for þe sain take þe ioy-
ce of lekes & medle it with womās
milke and use to dynke it, & it wel
clense the longes of all vrges.
¶ Fracturæ solidat duritiasque re-
laxat.

Vul

vulnusque abpositum : ceto cum sale
claudit.

Pistrum.

¶ Thys called Pelleter / It is hote
& dry i þ. viij. degré, the rote is vsed
in medecynes, fyue yere he may be
kept in þy vertu, & knowe ye wel þ
þy Sharpnes is nat knowē, it shulde
be pownded & holden i þy mouth. He
hath þtu of losyng & drawing & of
columing To make agaracisme
take pelleter & sygges & boile the i
þyneger or swete wyne & it wyl cle-
se þy brain of supfluite of flume also
þf it be chewed in the mouth it hel-
peth þy palsy in þy tonge. Also for þ
Palsy & the potager stape it & seth
it i wyne & oyle & playster it to the
greuāce thys playster helpeth much
therfore if thou may haue grene pe
lites stape it & lay it i lokige i wyne
& dates, & after boile it wel & put
thereto wete & oyle for thys is þy beste
oyntment for all þy toysayde deseales

Papaunc

¶ Papauer.

¶ Thys is called Popy, it is cold and drye. There is .ii. maners of them . The whyte Popy is colde and dryste and it is good to cause one to slepe . The sede therof well gathered maye be kepte ,x. yere / it hath vertue of cleisynge It is put in medecynes wþth a decrimynacyon as the sede maye be receyued of whyte Popy or blacke . For to pouke a slepe / make a playster of eche of them or one of them with womanis mylke and the whyte of an egge and laye it to the temples . The woman of Salerne gaue to younge chyldren the Popy but they wolde drue them no blacke Popy for it made them to muche heup . Also for a hote postume in the beginnyng and for chatynge of the lyuer take the sede of whyte Popy or else the herbe of it and stampe it and medle it wþth oyle of Rose

and playster it to þ greuance . Also for dynges in feuer etyk and in other feuers take a hete oyle of whyte medled wþth powder of Popy sede , and anoynte the small of the backe ther with .

¶ Polypodium.

¶ Thys is called Polypody , it is hote in the .iij. degré and dry in the seconde degré . Thys Polypody is a fette that groweth vpon okys or on walles or stones but the Polypody that groweth on okys is the best , Gather the rotes of it and lay it a day in the sonne chose that is grene and that whiche appereth dry when it is broken it is to be resolved , he hath vertue of dissoluing of drawynge of purginge newme & specially melacoly , wherfore com- munely he is put in boylynge and to Aleuatyke and melancholous hole men , he is ayuen to preserue shyppe helthe / and knowe well that in the

Dynke pyeny wth water & hony
and do thereto powder of Colyan-
der and this is good for the stoma-
ke/ for the mylte and for gruel in
the raynes. Also it is good for wo-
men for dyuerse. dyseases. Also se-
the it in whyte whyne and gyue a
woman to dynke therof and it wyl
hele her bludder & make her to pisse
the stome, and it wyl hele her of the
Marris. Also Pyeny sede whan it
is blacke it maketh delyuerance
of the bed of the chylde in her wome
and at every tyme whan she shall
use to dynke it, she muste dynke,
xv. sedes at one tyme.

¶ Q. Littera. Et priuio de
Quinquefolio.

Quinquefolio is colde and
drye in the seconde degré
th, herbe is good for ache
i a mannes lymmes/and
for ache of the heed/mouthe/tong,
and chrote that be so: i. ake and
i the

sethe this herbe in wyne and gyue
the pacient to dynke therof. iiij.
dayes fyoste & laste and he shalbe
hole. Also stampe it and dynke
the toyce of it in ale & it wyl cea-
se the akyng and guawynge of a
man o; woman. Also yf a man blede
soze at the nose/gyue hi to dynke
the toyce of it wth wyne/ & anoynt
his hed well wth the toyce of this
herbe/and anon the blode shal sta-
unche. No; to see a Canker/ sethe
it in wyne and the grece of a swyne
and make a plaister therof and lay
it on the Canker and it shal see it.
Also take powder of quynckefole
and medle it wth hony and ther-
wth rubbe thy mouth/tonge/ and
chrote /and the chekes within and
it wyl purge it well. Also for pop-
son and bytyng of a serpent take
the toyce of Quynckefole and
dynke it wth wyne & meuelosly
it resysteth venym.

H. t.

Hic

Mulsa is made of watec and mele
roset and it may be gyue after the
iii day þ it cometh out of the bach
þo; to clense the stomake of clod hu-
mour/giue him mele roset with wa-
ter that fenel sede is boyled in put
tynges therin.iii. graynes of salte/
þf the sycke may take it this shulde
be the quantite of roses and hony.
In vii. pounde of hony put a pou-
nde of roses Sugre roset is made
thus. Take newe gathered Roseg
and stampe them ryght smal with
Sugre than pac it in a glasse and.
xxx. dayes let it stande in the sunne/
and styrre it well and medle it well
to gycher þ so it may be kepte.iii.
pouces in his vertu. The quantite
of Sugre þ roses shulde be thus/
in.iii. pounde of Sugre a pounde
of roses/he hath vertu of confortynge
and comforþynge of the flur
in the wombe/Take Sugre roset
and powder of Mastryke of euery
one

One a dyam /and medle the wel to
githet and giue it to the seke,after
that giue hi rose water that Ma-
stryke and cloues be sodden in. Sy-
cope of Roses is made thus some
do take roses dyght/as it is before
sayd and boyle them in water/and
in þ water strayne they put Sug-
re and make a syzope therof/and
some do make it better þo; they put
roses i a vessel hauinge a straight
mouth & they put to the roses hote
water and they let it stande a day
and a nyght, and of that water put
tyng to it Sugre they make syzop
and some do put moxe of roses in
the forsalde vessel & moxe of hote
water, and let it stande as is before-
sayde and so they make areed wa-
ter and make therof asyope. And
some do stampe newe Roseg and
then strayne out the joyce of it and
Sugre therwith they make syzo-
pe: and thys is the best makynge of
H. iii. syzop

Syrope & knowe ye wel that syrope
made of freshe and newe Roses
syste sumwhat mencyl they lac, in
þ inde they bynde, but syrope made
of dyppe Roses syste and taste they
bynde. Syrope of Roses hath vert-
ue of confortynge and constrap-
nyng agaynste the flux of the wō-
be and the vomyng gyue it to hym
with rayne water or with rose wa-
ter i a feuer. After lettryng of blode
gyue it hi with colde water. Also
the same for the Syncopine. Oyle
of Roses is made thus / some boyle
Roses in oyle and kepe it / Some
do fyll a glasse with Roses & oyle
and they boyle it in a caudron full
of water & thys oyle is good / Some
stampe freshe Roses with oyle &
they put it in a vessel of glasse, and
set it in the sonne. I. dayes and this
oyle is good agaynste chatinge of
the lyuer / yf it be anoynted therewith.
Also it is good for þ desease
in the

In the heade that cometh of hete &
noynt the soþe heade and the temples
with oyle of Roses. The wacer of
Roses hath vertue of confortynge
and constrapnyng agaynste the
flux of the wōbe and vomyng. Also
gyue hym rose water boyled with
Mastyke and cloues it is belte a-
gaynste the flux & feblenes of vert-
ue yf it come of a flux by a sharpe
medecyne. Also rose water is good
for the Syncopine and þ Cardy-
sacie gyue it hi to dypnke & spynge
the water on hys face and þ water
is good for eyen and in oyntmentes
for the face / for it taketh away the
wemmes and the superfluyte and
stayneth the skynne. Also dyppe
Roses put to the nose to smyll do
comforste the brayne and the herte
and quencheth the spyghte. Also
agaynste the flux of the womb
of colour gyue hym Roses boyl-
ed in rayne water. Also a playster
þ. iii. made

made of roses and the whyte of eg-
ges and vineger and dip a sponge
in it and lay it on the mouth of the
stomake agaynst the syncopyn/
gyue hym to dynke water that ro-
ses haue ben boyled in/and gyue
hym powder of roses i a rere egge
to make oyle of roses /take.ii.ii.oz
oyle a.li.and an halfe of roses and
put all in a glas/and put the glas
in a Cauderon full of water and
hange it therin and boile it iyl the
thyde parre be wasted and after
strane it through a linen clothe &
kepe it so; your vse so; thys oyle is
losynge and serueth so; many thyn-
ges. Some do put rase water in a
glas and they put roses with their
dewe thereto/ & they make it to boyle
in water / than they set it in the
sonne til it be reed/and this water
is besle/thys hathe vertue of com-
for; tyng and constrainyng and
so; the fluse of the wombe and a-
gaynst

gaynst the bomyt. 
¶ Rosemary.

¶ Thys herbe is hoce and dye
take the flowers and put them in
a lynen clothe and so boile them in
fayre clene water to the halfe and
coole it/ & dynke it for it is muche
woxthe agaynst all euylls in the
body. Take the flowres and make
powder therof and bynde it to the
ryght arme in a lynen cloth and it
shall make þ lyght and mery. Also
ete the flowers with hony fastynge
with sower bvede & there shall ryse
in the none euyll swellynges. Also
take the flowers and put them in a
cheste amoung your clothes o; a-
monge bokes and mothes shall
nat hurt the, boyle the flowers i go-
tes mylke and than let the stade al
a nyght vnder the aper fayre cou-
ted after þ gyue hym to dynke ther
of that hath the tylsyke & it shall de-
lyuer hi/ Boyle the leues i whyte

H.v. wyne

gouthe. Also put therof in thy do-
tes or in thy house and thou shal,
be without daunger of adders and
other venomous serpentes / Make
the a barrel therof and dynke thou
of the dynke that standeth therin /
And thou nedes nat to fere no pop-
son that shall hurt the and yf thou
set it in thy garden kepe it honestly
for it is muche profitable. Also yf
a man haue loste hys smellynge or
the ayre or els he may nat drawe
his brethe make a syre of the wode
and take his brethe therwith and
gyue it him to ete & he shalbe hole.

¶ Ruta.

¶ Thys is called Rewe / thys is
hote and dry in the ii. degré / the le-
ues and the sedes be vsed in niede-
cynes & sedes may be kepte. x. yete
and the leues a yete, he hath vertus
of purgynge / dissoluyng and con-
sumyng / for the heed ache take y
toice of rewre and herce it and put it

into hys nose therof for it purgeth
out flume and clenseth the blyayne /
the toice solen with wyne is good
for the same / for feblenes of lyght
put Rewe in a pot with ale and let
the pacyent vsse to dynke of it, for
stoppyng of the splen and lymer /
the stragury & the flux sethe Rewe
in wyne with rootes of fenell or
powder of Rewe / with the toice
of Fenel and dynke it warme.
Also for an ache or freyng, stampe
Rewe with powder of comyn and
playster it to the greuaunce. Also
agaynst venym/dynke y toice of
Rewe. for bptyng of venemous
beste or worme / playster Rewe to
the bptyng / For feble eye syght
syll water of Rewe and roses to
gether and put therof i yout eyes.
Also an ointment for soze eyes, stam-
pe Rewe and Fenell together of
yche lyke muche be wayghte and
medle the with hony and Eufcole
and

and sethe it in oyle and wyne and
playster it to the greuaunce and it
wyll louse it. Also for the Ciatica
and for other olde sores take mu-
starde sede and the thyde parcke of
cromes of whit bzedde and fygges
hony and vynegret after as þe ache
of the sore requyeth the more of þ
fygges and the honys that is there
the more sharper is the strength of
the sede / and the more bzedde and vy
negret that is in it the more weker
is the sede / but I say nat þe shall
put this confeccyon to al sores but
to greate and olde sores Hys vertu
is þe he be eten it sharpeth a man-
kes wyt it clenseth the bely / it brea-
keth the stone it purgeth the vaine
menstruositie and conforteth the sto-
make.

¶ Smalage.

Take Smalage sede / Rewe sede /
Peper and salte and grynde them
well togyther and tempye them with
wyne

wyne and drinke it / for it is good
for colde and wycked humours in
the stomake and conforteth the sto-
make , the lyuer and the longes, it
is good for woundes . For ranke-
lynges and to cease the brennyng
and akyng and to bringe them to
theyr kynd againe , Also it is good
to drynke for the feuer trecyan.

¶ Saluta.

¶ Sage is hote in the fyfte de-
gre and drye in the seconde degré /
the leues only be taken in medecyn-
nes both grene and dry / he may be
kepte a yere / There be ii. maners
of Sage the garden and þe wylde
Sage, If thou wyl haue Sage in
þe medecynes take þe leues of gar-
den Sage for that consumeth moxe
and conforteth moxe chā the other
dothe . For the palsey sethe þe leues
of sage i wyne & vse to drinke it. For
the same sethe þe leues i wyne & play-
ster it to þe greuaunce, also it is good

I.i.

to pur

to put in sauce, For the stragury, &
flux & the maryce it cleuseth, sethe
the leues in water & let the pacient
lyt ouer it & receyue þ hote tume of
it and it shall do hym muche good.
Also it is good for venym or pop-
son/ Sethe sage in ale or wyne and
use to dynke it. iii. daies and thou
shalbe hole by þ grace of god / To
the stomake dynke þ ioyce of sage
with water and hony / & it is good
to cleuse a mannes body to use it
both ryte and grene / it wyll make
a mannes body cleane/ therfore who
that vseth to eate of thys herbe or
dynke it / it is meruayle that any
in conuenyence shulde greeue them
that use it. If ye haue an ychynge
on you washie it well with þ ioyce
of this herbe & it shall cle þ ychynge
Also dynke sage with wyne & a ly-
tell wozme wode and it shall cease
the ache vnder the sydes, the wom-
be / and the stomake / it is good
to

for the palsy and drophy

Chaturcia.

CThys is called Sauery it is
hore and dyng in the iiiij. degree / sethe
it in wyne or water and dynke it
and it purgeth the saynes / þ blad-
der/ the menstruosity in the bowel-
les, it purgeþ the longes and lo-
seth greate humours and compel-
leþe and putteth hym oute by the
mouth by spittinge/ therfore he is
vrennyng and styretþ hym that
vseth lechery therfore it is forþyde
to use it muche in metes, Soke it
in vynegar or wyne and dynke it
and it shall make the haue a meke
stomake. Also wha it growretþ it
shulde be gathered & dyed & pouder
made therof. Also take þ pouder of
Sauery & boyle it with claryfyed
hony & vse to eate therof, or boyle it
in wyne & dynke it and it wyll loue
roughc flume i þ brest. Also for fre-
ynge i thy bely dynke pouder of

I.ii.

u in

peth well. Also for the bytyng of a serpent and for venym stampe thys herbe and drinke it with wryne and it is good. Also for the colde feuer stampe thys herbe with myne and drinke it and thou shalbe hole.

Codageone.

Codys is colde and myghte in the iiij. degree / the roycce of thys herbe and also the same herbe is ryghte necessary for many diseases / Stampe thys herbe with grece and playster it to the disease and metueluly it helpeth. For dysease and darkenes of eyes, stampe this herbe and put of the roycce in the soze eyes / For chafyng of the lyuer take the roycce of it and vyneger and dyppe a clothe therin / and playster it to the greuaunce / For bytyng or scaldyng make an oyntmente of the roycce of thys herbe and oyle of roses and waxe / but lay it nat to thy after the thre fyfte dayes / but fyfte anoynt it with

it with grece and suche other. Also for a dysease of a hote cause thys herbe is good to be layde thereto.

Codycle.

Codys is called Codycle or vitellus thys is hote & myght in the fyfth degree / the vertu of thys herbe is / it is good to hele woudes & soze eyes

Codamony.

Codamony is hote and drye in the iii. degree / it leues onely be best remedines, it may be kept in a pere in his vertue of two for nedes / For the disease in the stomake boyle leues of it in wryne & drinke it. Also the aforesayde drinke is good for the bely / & for the strangury and flux Also a stewe made with boyling of it in water, or wine is good for the sayd / If it be boyled in oyle & playster it to the aforesayd for it is better.

Cone.

Cone is hote & drye in the iiii. degree, it groweth in the other side the 3. iiii. See

to hele it & dry it vp, and it is good
for the heedache / yf it be stamped
and tempered with wynege and
make a playster therof and lave it
to thy temples and vpon the mold
of thy heed.

¶ Scabiose.

¶ Thys is colde & moist in the ii.
degre / Stamp it and sethe it in
wyne and that drynke is good for
the lyuer. And it wyl destroye wyc-
ked humours in the stomake and
drynke it euery day fastynge with
Eurose & thou shal never haue po-
stume bedyng wylia the as longe
as thou voste vse this medecyne.

¶ Littera. C. Et primo de Capu barbastro.

Hys is called Molon
it is colde and drye. It
is good for the Cine-
wodes & it is sodden
in wyne and scommuned
clene, also it is good to wash the
greuaunce

greuaunce therwith/it is good.
Also for the flux in the bely.

¶ Towne cresses.

¶ Thys herbe is hote and drye in
the iii. degré/ the sede wyl endure
good syue yere. It is good to staunc-
che the flux & the mencyon / yf thou
take the sede and bryse it in a mor-
ter of bras & gyue þ seke to drynke
therof thre dayes euery day a pe-
ny weyght at ones with reed wyne
warmed and in those. iii. dayes he
shalbe staunched, oþ els he shal dye
of that euil, it is good for the pally
and for the male flanke, take þ sede
and sethe it with wyne & do it in a
poket & brynde it to the syde ther as
þ greuaunce is. Also it is good for
hiȝ may nat well ysse/take þ sede
& sethe it i wyne & oyle olive & brynde
it to thy Mare, It is good for a man-
nes fundamēt þ goeth out /yf it be
take of colde thā it must be put i a-
gayne and strawe þ pouder on the
fundament

fundament thy rynnes with hony
and thā strawe the powder aboue
with the powder of Come or pow-
der of Calafyne, for all these be
kyndly for it. Also take the stalkes
of towne cresses and breue the and
there shall no venemus breste ne
wozme abyde the sauour nor smelt
therof but he shal dye of fly away.

Littera. II. and sy;le of
the Elyolee.

Violet is colde in the
ty;ste degré and moist
in þ secound, for blaste
in the eyes, take the ro-
ses of Elyolettes and
stampe the with Myre & Saffron
and at night lay it to the soze eyes.
Also for a wounde in the hed stāpe
the leues of Elyolettes with hony
and vngarter and playster it to the
wounde and it shal hele it. And for
the that may nat clepe for sykenes
sethe this herbe in water & at euyn
let hym

set hym soke wel his fete in the wa-
ter to the ancles, whan he goeth to
bed bynde of this herbe to hys tem-
ples & he shall clepe wel by the gra-
ce of god. Take Eypolettys Myre
and Saffron, and make a plaites
and lay to þ soze eyes that be swol-
len and it shall cease akynke & bace
the swellynge.

Una suavis.

Ethys is called the swete Ray-
syn / it is hote and moiste it hath
vertue of clenynge/ scouynge or
smothynge Raysyns eten or boylen
in wine is good for þ cold coughes/
Sethe them in wyne and they be
good to playster on the cold pos-
tume and good for a colde stomake.

Uteruayne.

Uternayne is hote and drye i the
seconde degré It is good agaynt
al maner of euels of venym if the
pacient dryue it tempered with
wyne and stampe the herbe & lay it
on euery

on euery maner of byting of veng-
mous beste/and it wyl drawe out
the venym and sauе the soze / who
þ vseth it/it wyl make good bresth
and do awa yynke of the mouth.
Also who that hath þ feuer tercian
take .iii. rotes and .iiij. croppes of
the same herbe and stampe them &
temper the with rayze cleene water
and gyue it to the pacient to drinke.
Also who that hath the feuer qua-
tayne let hym take the same drinke.
Also it is good for the stomake, the
lyuer, & luges. Also take veruayn
Betayn, & Haxtrage & of euery
of them lyke much and stampe the
with wyne tempered and thys is
good for them that hath the stome.
Also they that bere veruayn upon
the they shall haue loue and grace
of greate maysters and they shall
graunt hi hi askyng þt his askyng
be good and ryghtfull.

Here

¶ Here begynneth .xx. & syxte of
water cresses.

Water cresses be hote &
drye in the seconde de-
grece seth them in water
þt by the selfe and drynke
it or sethe it in flesche, &
suppe of the brouthe and it wyl clese
well the inwarde membres. Also it
is good agaynste the Strangulid
and the flux of the same.

¶ Wyde neppe or wodbynde.

¶ Thys herbe bereth a flower like
to the rose and after the dobor he
bereth a grene bery, and it hath a
greate rote, the roote of the herbe
is mosse in the rote, it is good for
snowes that be shonken or cut to
make them sople and to haue their
owne course in theyr proper kynd.
Go to þ rote of wyde Neppe that
is lyke wodbynde and make a hole
in the middes of the rote thā couer
it wel agayne that no ayer go out,

noȝ

noȝ that yo rayne go in noȝ water/
powder noȝ the sonne come nat to
much to it , let it stāde so a nighte
a day thā after that go to it & thou
Shal synd therin a cettayne lycour,
take out that lycoure with a spone
and put it into a cleue glas and do
so every day as longe as thou fin-
dest ought in the hole & this muste
be done in the moneth of Apyll or
Maye. than anoynt the soze ther-
with agaynst the fyre / than wete a
linen clothe in the same licour and
lappe it about þ soze and it Shalbe
hole in shorte space on warantise
by the grace of god. for the gowte
a souerayne medecyne / Take the
rote of wylde Peppe and the rote
of þ wylde Docke soden vp it selfe
and cut them i thyn peces & pare a
waye the biter rynd and cut the in
quarters, thā boyle the in cleue wa-
ter.ii.oz .iiii.houres, than stape the
in a morter as smal as can be / the
put

þut thereto a quantite of sote of a
chymny / and tempet them with
the mylke of a cowe that the here
is of one coloure , than take the
pyssle of a man that is fastinge and
make a playster therof and boyle
it togyther and as hote as ye may
suffre laye it to the grecuance a
daye and a nyght & so do .ix. tymes
and it shall heale the on warantise
by the grace of God.

¶ Wormewode.

¶ Thys is hote & dry in the secōde
degre, it is good for wormes i the
wombe if it be stamped & the ioyce
wronge out & myngled w'th swete
mylke and gyue to the pacient to
drynke / & sethe this herbe in wyne
and make a playster to the wombe
Make pouder of Wormewode, Cen-
tory , Betayne, of echelyke muche
by wayght and medle all well to
gyther , and the powder wylles
wormes i the wombe bothe whan

K.1.

it is

It is eaten in potage and dronken.
Also for the mylte that is swollen
of a colde mater, sethe it in wyne &
let the syke dynke therof and that
shall heale hym / & make a playster
of the substance of the herbe & laye
it all hote to thy wombe agaynste
the greuaunce. Also stampe woyme
wode & temper it with vinegre and
with costed sowje breade grounde
therwith & with the ioyce of Men-
tes and the ioyce of Plantayne of
euer yche lyke much and lay them
well togythet, & haue a playster
& lay it to the mouthe of þe stomaks
and thyȝ shall staunch þe kyng of
casyng. For woymes in a manes
eres be it serpente or ewyng take
the ioyce of woynewode & put it in
the ere. Also for the dynke sethe it
in wyne and gyue the syke to
dynke at morynge and
eueninge and it shall
helpe hym



¶

There begynneth the table
of this boke.

Hgnus castus.	Inabula.
Apium.	Acus demona.
Auetum.	Argentila.
Apiumetisug.	Acus mustela.
Absintium.	Allium.
Aetamasia.	Anisum.
Affodillus.	B
Acistologtalon.	Betonia.
Acistologtaro.	Blasomint.
Abroctnum.	Bece.
Ameos.	Bo;aqo.
Alleluya.	Bugla.
Asteron.	Burnea.
Agrimonta.	Bursa pastoris.
Auentia.	Bojago sylvest.
Alcea.	Billye.
Amatissa	C
Auricula muris	Camamylla.
Apium eino	Calaminthum.
Apium canaduz	Crassula matoz.
Axiplex do.	Crassula minor.
	B.II.

L	Millefolium.
Lanticum.	Mercutialis.
Lingua cecui.	Menta.
Lilium.	Menta romana
Ligulatum.	Malua.
Lingua Bouis,	Mozel oz nyghe
Lingua serpen- tes maior.	Shadowe.
Lingua serp. mi.	Mastyke.
Lingua Canis.	Magerum.
Lingua Pittina	Millefoliu; ma o; yarowe.
Lupinus.	Motherwoyte, o; Mogwoyte.
Lavium Venetij	Maces.
Lauendula.	Menta cubea.
Lacuca.	N
Lactuca Siluat.	Nurimuscata.
Lactuca Lepo.	Rapu;
Lollum.	O
Lapacium rust.	Olibanum.
Linum.	P
Lauriola.	Puna.
Licoula.	Peper.
Lappa.	Piperella.

Pulegium.	Satucela.
Peucedanu; bel	Saxfrage.
Feniculus p;o.	Scabisa.
Petroctliu;	Sothernwoode,
Peritoxlium.	Syngrene.
Pastinaca.	Stychewoote
Plantago.	Scamony.
Poxtum.	Sene.
Piretrum.	Selondine.
Papauer.	Sauayne.
Polipodium.	Scabiosa.
Ptenium.	C
Q	Taplu barba;
Quiuque foliu	Towne cresses.
R	U
Rybwoyte.	Violet.
Keed nettell.	Vua suauis.
Rosa rubea.	Veruayne'
Rosemary.	W
Kuta.	Water cresses.
S	Wylde neppe.
Sinapium.	Worme wode.
S malage.	
Salvia.	C f J a E S;

Imprynted at
London in Fleetstrete/
by me Elisabeth late wyfe to
Robert Redman dwellyng at
the Spayne of d^r George
sonne to s^r george
doukes churche.

